



Authority for Providing Informed Consent - Child

The Cairnmillar Institute School of Psychology Counselling and Psychotherapy Placement Program provides psychological and counselling services to people in many organisations. Student Counsellors/Psychotherapists from The Cairnmillar Institute are completing their training in order to gain membership of the Psychotherapy and Counselling Federation of Australia (PACFA) and the Australian Counselling Association. As part of this process every student undertakes individual and group clinical supervision in which case matters are discussed in confidence. Students' and families' information and records are confidential and treated accordingly. When a child/adolescent is seen by the student counsellor/[psychotherapist, it may be expected that the family will be involved in the assessment and feedback process.

Confidentiality

All information is stored securely. The information provided by you or obtained from other parties (for example, general practitioners) is regarded as confidential and cannot be released unless you have signed a document authorising this. The only times when confidentiality would be breached are the following:

- Your child is at risk of seriously harming him or herself or others;
- There is evidence of child abuse, neglect, or sexual abuse of a person under the age of 16 at the time of the appointment; or
- Your child's file or the Student Counsellor/Psychotherapist are subpoenaed by a court of law.

Access

At any stage, you may request a copy of your child's file under the *Health Records Act (2001)*. If you wish to do so please talk to your child's counsellor about this.

Consent

I, _____, provide consent for my child, _____, to participate in psychological services provided by _____, trainee counsellor/psychotherapist, of The Cairnmillar Institute. I am aware that I may withdraw my consent at any time.

Name: _____ Signature: _____ Date: _____

Witness: _____ Signature: _____ Date: _____