

Do you struggle to feel like you fit in or belong?..

Do your worries get in the way of doing the things you'd like to?..

Would you like to be more confident and explore your direction in life?..

Journeyman is a fun, experience-based group program for young men aged 14-15 years of age. This group is designed for young men who might be struggling to build relationships and/or have a tendency to internalise difficult emotions. The program aims to help participants develop coping skills, enhance self-esteem and social confidence, as well as connect with activities that they enjoy.

All young men referred into the program will meet with the facilitators prior to the commencement of the program to ensure the program will best meet their needs.

For further details, please contact Kim Davey on 9871 2634 or email kim.davey@each.com.au

Who Young men aged 13-15 years old

Where EACH Youth and Family

6 Silver Grove Nunawading

(Next to Nunawading Railway

Station)

When Tuesdays

28th Aug – 25th Sep, 2018 (6 consecutive weeks)

Time 9:30am - 3:30pm

(Times may vary depending on

activity)

Cost Free

(Morning Tea and Lunch provided)

Please note:

Only one young person is accepted into the program from each school.

