



# MELTON SOUTH COMMUNITY CENTRE INC.

## Term 3 2016 - PROGRAM OF CLASSES

Office Hours: Monday to Friday 9.30am – 4.30pm



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ABN: 97 587 962 424 | INC NO: A0010526NNJ

**“We aim to create a welcoming and positive experience for all”**

### COMPUTER COURSES

#### **ABSOLUTE BEGINNERS**

An opportunity for all ages with little or no computer skills. Start from the beginning and get confidence whilst learning the essential operations of a computer.

Monday  
18 July – 5 September  
9:30 – 12noon OR  
6:30 – 9:00pm

\*\*\$60.00 or  
\$45.00 Con  
8 Sessions

#### **INTRODUCTION TO EBAY**

EBay is the worldwide market place for buying and selling. Learn hands on all you need to know about buying and selling those every day or hard to find items. Notes are included. See requirements.

Monday  
8 & 15 August  
6:30 – 9:00pm

\$60.00 or  
\$50.00 Con  
2 Sessions

#### **BUILD YOUR OWN WEBSITE**

Build your very own website which can be tailored to your requirements. Learn about the structure of a website, pages, fonts, colours, search engines and social media. Ideal for a community project or small business.

Tuesday  
19 July – 6 September  
6:30 – 9:00pm

\*\*\$65.00 or  
\$45.00 Con  
8 Sessions

#### **EMAIL, INTERNET & SOCIAL COMMUNICATIONS**

This comprehensive course covers how to send and receive emails, how to use the internet, how to setup and use Facebook as well as Skype.

Tuesday  
19 July – 6 September  
12:30 – 3:00pm

\*\*\$60.00 or  
\$45.00 Con  
8 Sessions

### MICROSOFT OFFICE (2010) – MUST HAVE BASIC COMPUTER SKILLS

#### **INTRO TO MICROSOFT OFFICE SUITE – BEGINNERS**

For those with a little computer knowledge wanting to learn the basics of Microsoft Office Programs. Includes Word, Excel, PowerPoint and Publisher. A Manual is included.

Thursday  
21 July – 15 September  
12:30 – 3:00pm  
(no class 11 August)

\*\*\$60.00 or  
\$45.00 Con  
8 Sessions

#### **WORD – BEGINNERS**

This comprehensive course is designed to take you from beginner level to being a confident user of Word. Covers creating documents, editing, tabs, tables, fonts, formatting, page layouts and printing.

Monday 18 July – 12 Sept  
6:00 – 9:00pm  
(no class 8 & 15 August) OR  
Tuesday 19 July – 6 Sept  
9:30am – 12noon

\*\*\$60.00 or  
\$45.00 Con  
7/8 Sessions

#### **EXCEL – BEGINNERS**

This comprehensive course is designed to take you from beginner level to being a confident user of Excel. Learn to create tailored spreadsheets for the home or office.

Monday 18 July – 5 Sept  
12:30 – 3:00pm OR  
Tuesday 19 July – 13 Sept  
6:30 – 9:00pm  
(no class 9 August)

\*\*\$60.00 or  
\$45.00 Con  
8 Sessions

#### **EXCEL – INTERMEDIATE**

For competent users of Excel. Discover how to do complex formulas to manage, manipulate and analyse complex data. Learn to generate tax invoices, time sheets as well as budgets. A Manual is included.

Thursday 21 July – 15 Sept  
9:30am – 12noon OR  
6:30 – 9:00pm  
(no class 11 August)

\*\*\$60.00 or  
\$45.00 Con  
8 Sessions

### DEVICES

#### **IPAD/TABLET FOR BEGINNERS**

In this two session course, learn the basics of how to get the most out of the functions and features of your iPad or Tablet. Includes downloading apps and personalising your device. Bring your own device along.

Monday  
25 July & 1 August  
6:30 – 9:00pm

\$60.00 or  
\$50.00 Con  
2 Sessions

#### **ANDROID DEVICES FOR BEGINNERS**

In this comprehensive class, learn all about the hardware and basic interface of an Android Device. Includes touch screens and gestures, installing and using apps, web browser, communication tools and more. Bring your own device along.

Tuesday  
19 July – 6 September  
6:30 – 9:00pm

\*\*\$60.00 or  
\$45.00 Con  
8 Sessions

### ACCOUNTING COURSES

#### **MANUAL BOOKKEEPING**

Learn how to keep a basic set of books. This comprehensive course covers Payroll, GST, Ledgers, Invoices, Journals, Bank Reconciliations, Petty Cash, Trial Balance as well as Balance Sheet. Ideal pathway to the MYOB V19 Course. A Manual is included.

Tuesday  
19 July – 13 September  
10:00am – 12:30pm  
(no class 9 August)

\*\*\$65.00 or  
\$45.00 Con  
8 Sessions

#### **MYOB V19 (INCLUDING PAYROLL)**

Learn to create a company data file complete with historical and opening balances, produce and manage purchase orders and invoices, manage accounts payable and receivable as well as produce BAS documentation. Also discover the skills and knowledge required to be able to prepare the payroll of a small business. Professional Manuals included for both MYOB and MYOB Payroll. Bookkeeping and computer experience required.

Wednesday  
20 July – 14 September  
9:30am – 12:30pm OR  
6:00 – 9:00pm  
(no class 10 August)

\*\*\$125.00 or  
\$95.00 Con  
8 Sessions

LANGUAGES		
<b>JAPANESE FOR BEGINNERS</b> Learn the Japanese alphabet, understand the Japanese writing system, practice pronunciation, discover vowels, consonants, numbers, dates, time, basic grammar and useful daily expressions. Ideal for those wanting to travel.	Tuesday 19 July – 6 September 6:30 – 8:30pm	\$98.00 or \$90.00 Con 8 Sessions
<b>INTRO TO AUSLAN – SIGNING</b> The language of the Australian Deaf Community and is highly visual. Learn to communicate socially and in the workplace. Covers alphabet, numbers, vocabulary and grammar. Includes Handouts.	Wednesday 27 July – 7 September 6:30 – 9:00pm	**\$60.00 or \$45.00 Con 7 Sessions
<b>IMPROVE YOUR ENGLISH - GET JOB READY</b> Using practical exercises, improve your spelling, comprehension, grammar, reading and writing in a relaxed environment. Will assist with confidence as well as employment opportunities.	Monday 18 July – 5 September 9:30am – 12noon	**\$60.00 or \$45.00 Con 8 Sessions
TASTER COURSES – Pre Accredited Courses - tailored for those seeking employment or wanting a career change.		
<b>BEAUTY INDUSTRY (RRP \$475 IF WORKSHOPS DONE SEPARATELY)</b> Gain beauty techniques in order to work in the Beauty Industry. Covers Indian Head Massage, Professional Makeup Made Easy, Body Waxing, French Manicure & Pedicure, Lash Lift & Tint Plus Brows & Shellac Nails. Some kits included.	Tuesday 2 August – 23 August 10:00am start	**\$140.00 or \$100.00 Con 4 Sessions
<b>PASTRY &amp; BAKING INDUSTRY</b> Learn hands on the skills required to work in a kitchen and in the patisserie industry. Create quality desserts, pastries, cakes and breads. This is a small class in a relaxed and fun environment. Your Tutor trained in France.	Wed 3 August – 7 Sept 12:30 – 3:00pm OR 6:30 – 9:00pm	**\$135.00 or \$95.00 Con 6 Sessions
<b>FLORISTRY INDUSTRY</b> Learn hands on techniques required to work in the Floristry Industry. Work with a variety of flowers, foliage and accessories to create arrangements, table centres, corsages, posies as well as sheafs. Take designs home weekly.	Thursday 21 July – 8 September 12:30 – 3:00pm	**\$140.00 or \$100.00 Con 8 Sessions
<b>HAIRDRESSING INDUSTRY</b> Learn the techniques of braiding, drying, styling, hot iron, curling, blow waving, selecting and applying products. Ideal pathway to a Certificate II in Hairdressing or employment opportunities in a Salon.	Friday 5 August – 9 September 9:30am – 12:30pm	**\$55.00 or \$30.00 Con 6 Sessions
<b>FASHION DESIGN INDUSTRY</b> Facilitated by a professional Fashion Designer, learn the skills to draw and stencil original designs. Take measurements and turn the design into a garment. Ideal pathway to further studies or employment in the Fashion Industry.	Monday 18 July – 5 September 9:30am – 12noon	**\$60.00 or \$45.00 Con 8 Sessions
<b>SEWING MADE EASY</b> Learn professional techniques in order to hand and machine sew. Includes laying and cutting out patterns and then making a small garment. Includes seams, zips and finishes. BYO own machine and materials.	Friday 22 July – 9 September 12:30 – 3:00pm	**\$60.00 or \$45.00 Con 8 Sessions
MUSIC – your Tutor has 20+ years live and recording experience		
<b>ACOUSTIC GUITAR – BEGINNERS</b> Come along and see how enjoyable it can be to learn to play the Guitar. Bring your own Guitar.	Wednesday 20 July – 7 Sept 4:00 – 4:45pm (7–10yrs) 5:00 – 5:45pm (11–15yrs) 6:00 – 6:45pm (Adults)	\$95.00 or \$90.00 Con 8 Sessions
<b>ELECTRIC GUITAR – BEGINNERS</b> Lessons focusing on rock, metal as well as pop. From subtle clean ballads, rock rhythms, melodic rock pop to shredding solos. Bring your own Electric Guitar	Monday 18 July – 5 Sept 4:00 – 4:45pm (8–14yrs) 5:00 – 5:45pm (Adults)	\$95.00 or \$90.00 Con 8 Sessions
<b>KEYBOARD – BEGINNERS</b> Discover how enjoyable it is to learn to play the Keyboard. Bring your own Keyboard.	Thursday 21 July – 8 Sept 4:00 – 4:45pm (7–10yrs) 5:00 – 5:45pm (11–15yrs) 6:00 – 6:45pm (Adults)	\$95.00 or \$90.00 Con 8 Sessions
HEALTH & FITNESS		
<b>LATIN &amp; BALLROOM DANCING</b> Do you like “Dancing with the Stars”? Come along to this fun and relaxed class and get fit at the same time. Learn dances such as Waltzes, Fox Trot, Salsa, Tango, Cha Cha and Samba.	Tuesday 19 July – 6 September 7:00 – 8:00pm	\$90.00 or \$85.00 Con 8 Sessions
<b>YOGA</b> Designed for adults of all levels, to improve health, whilst catering for individual needs. Increase flexibility and strength as well as reduce stress. Bring your own yoga mat.	Wednesday 20 July – 7 September 10:30 – 11:30am	\$90.00 or \$85.00 Con 8 Sessions
<b>MEDITATION – NEW TUTOR</b> Learn to meditate with confidence and release stress whilst developing your inner peace in this indepth course.	Wednesday 20 July – 7 September 9:30 – 10:30am	\$90.00 or \$85.00 Con 8 Sessions
<b>BRAZILIAN CARDIO FUSION – NEW COURSE</b> Designed for adults of all levels, a high energy workout which includes dance and martial arts.	Wednesday 20 July – 7 September 11:30am – 12:30pm	\$90.00 or \$85.00 Con 8 Sessions
IN THE KITCHEN		
<b>LITTLE MASTERCHEFS – HEALTHY COOKING FOR KIDS (AGED 8 – 14 YEARS)</b> Designed for children to learn a lifelong skill of how to cook healthy meals. Students help to select the menus. Apron and Hat included. Supported by the Helen Macpherson Smith Trust.	Wednesday 3 August – 7 September 4:00 – 6:00pm	\$20.00 6 Sessions
<b>BEGINNERS CHEESE MAKING (3 CHEESES)</b> Learn to make three tasty and simple cheeses in the wonderful world of home cheese making; Paneer (Indian Cottage Cheese), Ricotta and Mozzarella. Included is a Ricotta & Mozzarella Kit which contains all the equipment and ingredients to make up to 40 batches. Also includes 2 cheese boards for draining & pressing and information booklet.	Sunday 24 July OR 11 September 10:00am – 3:30pm	\$135.00 or \$130.00 Con 1 Session
<b>CUPCAKE BOUQUET – NEW COURSE</b> Discover how to make buttercream and learn to pipe rosettes on cupcakes. Put it all together and decorate in a flower pot to make a Cupcake Bouquet. See picture and requirements.	Friday 12 August 9:30am – 2:30pm	\$95.00 or \$90.00 Con 1 Session
<b>LARGE CUPCAKE – NEW COURSE</b> Learn how to make buttercream and pipe rosettes on a large cupcake. Then make an edible owl from fondant, make plum flowers and learn to cover a large silicone cupcake base with chocolate. See picture and requirements.	Friday 26 August 9:30am – 2:30pm	\$95.00 or \$90.00 Con 1 Session
<b>CAKE DECORATING – BEGINNERS</b> Make buttercream and learn piping techniques with 6 different nozzles. Make plunger flowers, leaves, butterflies, roses and ruffle flowers. See picture and requirements.	Thursday 28 July – 18 August 10:00am – 12:15pm OR 6:30 – 8:45pm	\$105.00 or \$100.00 Con 4 Sessions
<b>2 TIER CHOCOLATE GANACHE CAKE</b> Learn to make chocolate ganache and then cover two round cakes 6’ and 10’ with chocolate ganache and fondant. Then decorate with circles, bows, stars and stripes. See picture and requirements.	Thursday 25 August – 8 Sept 10:00am – 12:30pm OR 6:00 – 8:30pm	\$95.00 or \$90.00 Con 3 Sessions

ACCREDITED TRAINING		
<b>FOOD HANDLERS CERTIFICATE (SITXFSA101 &amp; HLTF207C)</b> Designed for people involved in food preparation and provides basic hygiene principles for all food handlers. Includes Manual and pre-reading assignment. Certificate valid for 3 years.	Saturday 6 August 10:00am – 1:00pm	\$65.00 or \$60.00 Con 1 Session
<b>FOOD SAFETY SUPERVISOR (HLTF309C HLTF310C &amp; SITXFSA201)</b> Must be completing the Food Handlers Certificate on the same day. Every food supply business must have a food safety supervisor. Complies with legislative requirements. Includes Manual — given on the day. Certificate valid for 3 years.	Saturday 6 August 1:30 – 4:30pm	\$90.00 or \$85.00 Con 1 Session
<b>RSA</b> Gain the knowledge necessary to work in the hospitality industry. Registered with the Victorian Commission for Gambling & Liquor Regulations (VCGLR). Certificate valid for 3 years.	Saturday 13 August 10:00am – 2:00pm	\$80.00 or \$75.00 Con 1 Session
<b>CPR – PROVIDE CARDIOPULMONARY RESUSCITATION (HLTAID001)</b> Required to be updated annually. Some online requirements to be completed beforehand. Certificate valid for 1 year.	Saturday 30 July OR 13 August OR 3 September 9:00am – 12noon	\$65.00 or \$60.00 Con 1 Session
<b>PROVIDE FIRST AID (HLTAID003)</b> The theory component is completed online beforehand. On the day learn the practical and then be tested on both. Includes CPR. Certificate valid for 3 years.	Saturday 30 July OR 13 August OR 3 September 9:00am – 3:00pm	\$120.00 or \$115.00 Con 1 Session
<b>PROVIDE AN EMERGENCY FIRST AID RESPONSE IN AN EDUCATION &amp; CARE SETTING (HLTAID004)</b> The theory component is completed online beforehand. On the day learn the practical and be then tested on both. Designed for those working in the education and care setting. It also meets the First Aid, Asthma and Anaphylaxis requirements by the Australian Children's Education & Care Quality Authority (ACEQA). Includes CPR. Valid 3 years.	Saturday 30 July OR 13 August OR 3 September 9:00am – 5:00pm	\$165.00 or \$160.00 Con 1 Session
<b>FIRST AID MANAGEMENT OF ANAPHYLAXIS (22300VIC)</b> Includes Manual. Certificate valid for 3 years.	Saturday 20 August 10:00am – 1:00pm	\$55.00 or \$50.00 Con 1 Session
<b>MANAGEMENT OF ASTHMA RISKS &amp; EMERGENCIES IN THE WORKPLACE (22282VIC)</b> Includes Manual. Certificate valid for 3 years.	Saturday 20 August 1:30 – 4:30pm	\$60.00 or \$55.00 Con 1 Session
HOBBIES		
<b>SERIOUS PHOTOGRAPHY</b> Have you got a DSLR camera and want to learn how to use your camera to its fullest potential and not just on AUTO? Explore the capability of your camera. Learn photographic terms, landscape, macro, sport and a lot more. BYO Camera.	Saturday 6 August – 10 September 1:00 – 4:00pm	\$150.00 or \$145.00 Con 6 Sessions
<b>SOAP MAKING – BEGINNERS (COLD PROCESS METHOD)</b> Learn all about the soap making process. Discover how to make your very own soap with the right balance of creaminess and bubbles. Choose your own colour and fragrance and take home 1kg (12 bars) and a reusable wooden mould (RRP \$30.00). Includes Manual and Materials. See requirements.	Sunday 7 August 10:00am – 1:00pm OR 2:15 – 5:15pm	\$85.00 or \$80.00 Con 1 Session
<b>SOAP MAKING – ADVANCED (COLD PROCESS METHOD)</b> Designed for those that have completed the Beginners Workshop. Includes layering colours, creating swirls, confetti, marbling & curl patterns. Also discover how to include botanicals & exfoliants. Using some of the techniques, take home 1kg (12 bars) & a reusable wooden mould (RRP \$30.00). Includes Manual and Materials. See requirements.	Sunday 18 September 10:00am – 1:00pm OR 2:30 – 5:30pm	\$92.00 or \$87.00 Con 1 Session
<b>BATH, SOAK &amp; SCRUB</b> Learn to make natural bath products. Take home 5 bath bomb fizzies (including a reusable mould), 4 lavender & mint herbal bath tea bags & a 250 ml jar of Island Coconut Pink Salt Scrub. Includes Manual & Materials. See reqs.	Sunday 28 August 10:00am – 1:00pm	\$82.00 or \$77.00 Con 1 Session
<b>SOY CANDLE MAKING</b> Learn to make Soy Candles which are 100% natural. Discover the various techniques, equipment required & the benefits. Make a fragranced coloured candle in a glass cube, a plain candle in a Mosaic glass holder, a packet of fragranced Soy Melts & a choice of either 4 tea lights or 2 maxi tea lights. Includes Manual & Materials. See reqs.	Sunday 14 August 10:00am – 1:00pm	\$85.00 or \$80.00 Con 1 Session
<b>SCRAPBOOKING FOR BEGINNERS – NEW COURSE</b> This course is designed for anyone who would like to learn new techniques, improve their design skills and meet up with people who love scrapbooking. Each class you will complete a double layout using various techniques including stenciling, painting, stamping, die cutting and more. Most materials are supplied – see class requirements.	Thursday 21 July – 15 September (no class 18 August & 8 Sept) 1:00 – 3:00pm	\$125.00 or \$120.00 Con 7 Sessions
<b>BEADED JEWELLERY MAKING</b> Learn to create and design your very own Jewellery using beads and wire twists. You will make a pair of Earrings and then make either a Necklace or Bracelet. Lots of colours to choose from. Everything is supplied.	Sunday 21 August 10:00am – 12:30pm	\$38.00 or \$33.00 Con 1 Session
<b>FENG SHUI – HOW TO ATTRACT ABUNDANCE TO YOUR FRONT DOOR – NEW COURSE</b> This workshop teaches you how to become more aware of your surrounding environment and living space. Discover how to harness positive energy whilst neutralising the negative. Learn how abundance in your health, career, money & relationships can be achieved. Facilitated by Apple Blossom who has a Certificate IV in Feng Shui. Incl handouts.	Thursday 4 August 1:00 – 2:30pm OR 6:30 – 8:00pm	\$20.00 or \$15.00 Con 1 Session
<b>FENG SHUI – HOW TO GET A BETTER NIGHT'S SLEEP – NEW COURSE</b> If you or someone you know has trouble sleeping then this workshop is for you. According to Feng Shui, there are many ways to improve your surrounding environment and living space to promote a more comfortable night's sleep. Discover all the tips and tricks. Facilitated by Apple Blossom who has a Certificate IV in Feng Shui. Incl handouts.	Thursday 18 August 1:00 – 2:30pm OR 6:30 – 8:00pm	\$20.00 or \$15.00 Con 1 Session
COMMUNITY RADIO		
Facilitated by Melton's local radio station 979FM, this course is designed for individuals and community groups wanting to be on community radio. Learn about studio equipment, how to prepare a program, develop a radio voice, conduct interesting interviews as well as present a show on the radio. Discover all the tips and tricks. During the course, practical experience will be undertaken on 979FM.	Thursday 21 July – 8 September 6:30 – 8:00pm	\$20.00 or \$15.00 Con 8 Sessions





BEAUTY COURSES		
<b>INDIAN HEAD MASSAGE</b> Learn this age old art of massaging to achieve a total state of relaxation and calmness. Discover these simple and effective techniques. Covers scalp, shoulders and neck. Offered in Beauty Industry Taster Course.	Tuesday 2 August OR Saturday 6 August 10:00am – 12noon	\$25.00 or \$20.00 Con 1 Session
<b>PROFESSIONAL MAKEUP MADE EASY</b> Learn to do professional makeup the easy way. Covers products, hygiene, face framing, smokey eyes and contouring. Includes use of makeup and a Certificate of Participation. Offered in Beauty Industry Taster Course.	Tuesday 2 August OR Saturday 6 August 12:30 – 3:00pm	\$45.00 or \$40.00 Con 1 Session
<b>SMOKEY &amp; VINTAGE EYE MAKEUP WITH LASHES (PART 2 TO PROFESSIONAL MAKEUP MADE EASY)</b> Learn the application and removal of strip, flare and 2-in-1 lashes which can last up to 2 weeks. Covers brow shaping, tinting and finishing the look with eye makeup. Includes Kit as well as a Certificate of Participation.	Tuesday 30 August OR Saturday 3 September 1:30 – 4:30pm	\$95.00 or \$90.00 Con 1 Session
<b>DELUXE FACIALS</b> Learn to do a relaxing facial. Covers face scrub and mask, cleanser, toner, eye patches and massaging facial cream. Includes Kit, instructions as well as a Certificate of Participation.	Tuesday 30 August OR Saturday 3 September 10:00am – 12:30pm	\$60.00 or \$55.00 Con 1 Session
<b>BODY WAXING</b> Using strip and hot wax. Learn before/after care and hygiene. Wax underarms, arms, bikini, lip, legs, chin and brows. Includes Kit containing many products and a Certificate of Participation. Offered in Beauty Taster Course.	Tuesday 9 August OR Saturday 13 August 10:00am – 2:30pm	\$115.00 or \$110.00 Con 1 Session
<b>LASH LIFT &amp; TINT PLUS BROWS</b> Learn to lift and tint lashes as well as shape eyebrows. Includes instructions, Lash Lift and Tint, scissors, mirror, brow shaper and cleanser. Also includes a Certificate of Participation. Offered in Beauty Industry Taster Course.	Tuesday 16 August OR Saturday 20 August 10:00am – 1:00pm	\$80.00 or \$75.00 Con 1 Session
<b>FRENCH MANICURE &amp; PEDICURE</b> Save money by learning how to do your own. Learn to do a French "Mani & Pedi" the easy and effective way. Includes a Kit containing products as well as a Certificate of Participation. Offered in Beauty Industry Taster Course.	Tuesday 16 August OR Saturday 20 August 1:30 – 4:30pm	\$60.00 or \$55.00 Con 1 Session
<b>SHELLAC NAILS</b> Discover all about permanent coloured polish as well as Powdered Gel Nails which are super strong with no dry time. Included is a 36watt lamp kit, instructions and a Certificate of Participation. Offered in Beauty Taster Course.	Tuesday 23 August 10:00am – 3:00pm	\$160.00 or \$155.00 Con 1 Session
<b>EASY ACRYLIC NAILS</b> Acrylic Nails are popular and durable. Learn all about applying Hi-Gloss No-File Acrylics. Covers application, removal, repair, refills as well as Nail Art. Includes a Kit as well as a Certificate of Participation.	Tuesday 6 & 13 Sept OR Saturday 10 & 17 Sept 10:00am – 3:00pm	\$150.00 or \$145.00 Con 2 Sessions
<b>HAND MADE BEAUTY PRODUCTS – NEW COURSE</b> Save money and learn how to make your own beauty products. Includes tea tree lotion, cuticle softener, rich hand cream, heel balm, uplifting hand scrub, cooling foot scrub, soothing foot lotion, oil free makeup remover, facial toner, healing lip gloss, mascara and non-acetone nail polish remover. All materials supplied & all goodies to take home.	Saturday 27 August 10:00am – 12:30pm	\$75.00 or \$70.00 Con 1 Session

SELF HELP & SOCIAL GROUPS HELD AT THE MELTON SOUTH COMMUNITY CENTRE	
<b>FREE POP-UP SERVICES HUB</b> Offering support & information on family issues, mental health, alcohol & drug treatment, family violence and housing.	Friday 15 July – 16 September 9:30am – 12noon
<b>FREE FOOD PARCELS</b> Must have a concession card and a resident of Melton. ID required. Parcels are supplied by Northpoint Centre.	Fridays 9:30am – 12noon
<b>FREE – MELTON SOUTH COMMUNITY SINGERS</b> If you enjoy singing then come along and join the fun. Includes performances. Contact: Sue 0400 082 413	Thursdays 10:00 – 11:30am
<b>FREE – WOMEN'S HEALTH &amp; WELLBEING SUPPORT GROUP</b> Facilitated by a caring professional in a welcoming & relaxed environment. Come along for a chat & cuppa. Contact Centre.	Mondays 1:00 – 2:30pm
<b>NEIGHBOURHOOD GROUP</b> A fun group of ladies offering friendship, crafts, games, cards and Guest Speakers. Contact Centre for details.	Wednesdays 1:00 – 3:00pm
<b>OVEREATERS ANONYMOUS (OA)</b> Contact: Margie 0417 585 300 for details.	Mondays 1:30 – 2:30pm
<b>AL-ANON FAMILY GROUPS</b> Confidential meetings offering support for families and friends of problem drinkers. Contact: 1300 252 666 for details.	Fridays 7:00 – 8:30pm
<b>HANDS OF FRIENDSHIP</b> A friendly group to work on your craft projects. Contact Centre for details.	Tuesdays (1st, 3rd & 5th of the month) 10:00am – 12noon
<b>REMEDIAL TUTORING</b> Tutoring available for Preps to Year 9 in English and Maths during School Terms. Contact Christine 9746 9220	Wednesdays 4:00 – 6:30pm Please call for prices
<b>FREE SUPPORTED PLAYGROUP</b> Facilitated by an Early Childhood professional, play with your child/children and meet other families. Learn a range of parenting essentials through the evidence based "smalltalk" program. Contact: 9747 5412 for further details.	Wednesdays 10:00 am – 12noon (School Terms) Eligibility criteria applies
<b>KOORIE KIDS PLAYGROUP</b> Facilitated by VACCA. Contact 0409 641 571 or 9287 8800 for more information about the Playgroup.	Mondays 12:15 – 2:15pm (School Terms)
<b>ICE DIARIES</b> For information and support for family members and friends of those addicted to ICE. Contact 0431 215 0100	
<b>FREE COMPUTER USE FOR JOB SEARCH</b> One hour sessions are available to search the internet for job related sites or to create or update resumes. Contact Centre.	Friday Fortnightly (bookings essential) First appointment at 10:00am & last at 3:00pm

## ROOMS AVAILABLE FOR HIRE We have excellent training rooms at reasonable rates. Call Centre for details 9747 8576.



## HOW TO ENROL – BOOKINGS ESSENTIAL

- FEES:** Payment is required strictly 5 days before the class commences.  
**\*\*ACFE Funded Courses – Course Cost includes Fees, Manuals, Class Materials & Amenities. CASH OR CHEQUE ONLY – no EFTPOS or credit cards. DIRECT DEPOSIT IS AVAILABLE.**
- REFUNDS:** Will be given if the Class is cancelled or 5 days' notice is given to the Centre.  
**Note: all class requirements appear on our website (if applicable).**

