

Attendance Matters

Keep a regular bedtime and set a morning routine so your children are rested and prepared when they get to school.

ROUTINES



Turn off all electronics at bedtime, including TVs, phones and tablets.

DIGITAL DEVICES



Prior Preparation Prevents Poor Performance:
Make sure clothes and backpacks are ready before going to bed.

5Ps



Call the school if you are not sure about when to keep your child at home due to illness.

HEALTH



COME TO LEARN

Every day at school counts.

We pride ourselves in creating an inclusive learning environment for all students.



PLAN B

Have a back up plan for getting to school if something comes up. Call a family member, neighbour, or another parent to take your child to school.



WELLBEING

Talk to teachers and school counsellors for advice if your student feel anxious about going to school.



MEDICAL

Avoid scheduling doctor's appointments during school time.



HOLIDAYS

Avoid scheduling vacations during school time.