

6th March 2022 FIRST SUNDAY IN LENT overcoming Temptation

SHARE share your highs and lows of the day, or respond to the following questions:

Conversations

Caring

Share about a time when you felt tempted. What happened?

> How did the devil tempt Jesus? How did Jesus respond?

2

3 What can we learn from the way Jesus responded?





Daily Bible Readings READ

S	Luke 4:1-13	The temptation of Jesus
М	Deuteronomy 26:1-11	First fruits and tithes
Т	Romans 10:8b-13	Jesus is Lord
W	Luke 22:39-46	Jesus on the Mount of Olives
Т	James 1:2-18	Trials and temptations
F	Genesis 39	Joseph resists temptation
S	Psalm 91:1-2, 9-16	He is my refuge and my fortress
S	Luke 13:31-35	Jesus' sorrow over Jerusalem

Talk about the Bible verse. What word or phrase was important to you as you read these verses?

Rituals and Traditions

PRAY Lord, make us strong when we are tempted to do wrong. Help us to do what is right and good. Amen.

TALK



May God bless you with his love and may God rescue and protect you.

Lent

Lent is a time when we re-orientate our lives towards God. We follow Jesus in his journey towards the cross. PURPLE is the colour for Lent and represents the royalty of Jesus and the call to turn back to God.

Creative Response

Lent is a season of the church year when we give particular focus to prayer.

As a household, pray for specific things each day of the week over Lent.

Here are some ideas:

Sunday - for pastors and other church workers, and for the ministry of your congregation. (Ask them if they have needs you could specifically pray for.)

Monday - for missions and missionaries.

Tuesday – for friends and neighbours, and for those who don't know Christ.

Wednesday - for political leaders and world peace.

Thursday - for colleagues at work or school.

Friday - for your relatives.

Saturday – for personal needs or concerns.

You may want to print or write up your chosen schedule and post it where all household members can see.

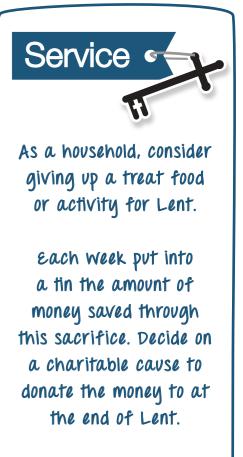
mealtime prayer

Thank you god for our bread that feeds us and for your word that fills our hearts. Amen.

verse for the week

Jesus replied, "The scriptures say, 'You must worship the LORD your God and serve only him."

LUKE 4:8



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