



Clayfield College

# ANDREWS CUP GYMNASTICS 2022

## Megan Mitchell Shield

The Clayfield College Andrews Cup Gymnastics Team will be competing in the Megan Mitchell Shield against the Andrews Cup teams from St. Margaret's and St. Hilda's. This competition serves as a dress rehearsal for the upcoming AC Competition. Girls will compete on all four apparatus at this compulsory event.

Details are as follows:

**Date** Sunday 23 October 2022

**Venue** Delta Kedron, 60 Boothby Street Kedron

Team	Arrival / Warm - Up	Competition Times
All Grades	Arrive 12:15pm Warm-up 12.30pm	12.45pm – 3:00pm

### TRANSPORT:

Gymnasts are to travel to and from the venue by **private transport**.

### STUDENTS ARE TO WEAR:

#### **Competition Uniform**

The Clayfield College tracksuit is to be worn over the College leotard to the Andrews Cup competition. Girls are required to wear running shoes. Slide-on shoes ie. thongs, flip flops are NOT to be worn.

Underwear is not required to be worn under leotards; however, if gymnasts would like to wear undergarments, then they must be flesh coloured and completely covered by the leotard (otherwise competition points will be deducted).

#### **Competition Hair**

Girls should also have their hair done ready for competition with the yellow Clayfield College gymnastics ribbons (satin yellow and silver spot sparkle). This ribbon is available for purchase at the College Uniform Shop.

Please 'control click' on the following link, for access to the 'Competition Hair Step by Step Guide' provided by Delta Gymnastics: <https://www.deltagym.com.au/delta-competition-hair-quick-guide/>

#### **Other requirements**

- No makeup or nail polish is to be worn
- Gymnasts may not wear watches, bracelets, necklaces, rings or any other jewellery

#### **WHAT TO TAKE:**

Medication- if needed for asthma and/or anaphylaxis  
A healthy snack and water in a clearly named drink bottle.

#### **SPECTATORS:**

Spectators may attend this event.

Kind regards

Mrs Peta Richardson  
Andrews Cup Coordinator