

FREE Financial Capability coaching and workshops

Good Shepherd's Financial Capability workers provide one-on-one coaching and group workshops to help people build their financial resilience and make better financial decisions. This is a free, non-judgmental and confidential service for people living in the south of Melbourne.



Workshops

Activity based, interactive sessions to encourage peer support and learning, tailored to meet the specific needs of the group.

Sample topics:

- **Understanding your financial situation.** Set financial goals, understand your bills and the budget that suits you, and plan your financial independence journey.
- **Budget Planning.** Learn to control your money and stress less about it through organising bills and exploring ways to decrease your expenses.
- **Planning Ahead.** Start your financial journey through generating additional money, managing debts and finding the right support services for you.
- **Utilities.** Learn to read bills, government supports available and how a Financial Counsellor can help.

One-on-one coaching

Our approach draws on the strengths of the client and is tailored to meet their needs.

Sample topics:

- Budget planning
- Financial goal setting
- Understanding credit
- Establishing a savings plan
- Utility, mobile and other contracts
- Other topics as needed.

You are eligible if you are:

- receiving a Commonwealth allowance/payment
- a newly arrived migrant, non-citizen or refugee, or
- a woman experiencing family violence

For information, bookings & referrals:

Romy Prins
Financial Capability Worker
T: 0421 644 793
E: financialcapabilitysouth@goodshep.org.au

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Interpreters available