

Are you a Chinese or Caucasian adult between the ages of 18-54? Do you want to learn more about your health and risk for Type 2 Diabetes?

We are conducting a study to see how different meal types impact on risk markers for diabetes and heart disease.



For more information about this study:

Phone: 0403-078-918 (contact via SMS or WeChat)

If you are interested in participating scan the QR code or use the link <https://j.mp/3ez1so5> to complete our screening questionnaire



The study will involve:

- Attending our research facility to eat a test meal, take surveys and have measures of height, weight and waist circumference taken.
- We will also collect a number of blood samples during your visit

As a thank you for your time, after you enrol in the study and complete each testing session, you will receive a gift voucher for participating.

Department of Nutrition,
Dietetics and Food
Monash University
264 Ferntree Gully Rd.
Level 1 BASE Facility



APPROVED BY THE MONASH UNIVERSITY HUMAN RESEARCH
ETHICS COMMITTEE; 22948

您是否介于18-54岁之间的中国人? 您想了解自己的糖尿病风险, 以及身体对不同膳食的反应吗?

我们正在进行一项科学研究, 了解不同膳食对糖尿病及心脏病指标的影响。



想要查询更多的信息:

电话号码:

0403-078-918 (通过短信或微信联系)

你若愿意参与此研究项目, 请扫一下右边的二维 QR 码或点进

<https://j.mp/3ez1s05>

填写我们的筛选问卷后, 我的同事将会和你联系。



此研究项目要求参加者前往我们研究所, 进食我们设计的早餐, 填写问卷, 量度身体指标 (如身高、体重、腰围) 及接受血检。

为了报答您的参与, 完成研究后我们会送您超市礼品卡。

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