



Come along

Pakenham Carers Hub

A space for you to connect with other Carers, access Carer supports and look after your own wellbeing.

The Hub is open to you if you:

- Are supporting a person with a mental illness, autism or an intellectual disability.
- Live in the Council areas of Cardinia, Casey or Greater Dandenong.
- To register your attendance for a session
<https://www.research.net/r/SMR/CarerHubs>
- If we have your information already, please get in touch.
- Unfortunately, if you have a care recipient with an active NDIS plan, you are unable to attend.

Date

Every second Wednesday during school terms

Time

10.30am–1.30pm

Venue

Toomah Community Centre
18 Golden Green Street,
Pakenham

Get in touch

T 1300 277 478

E lifeAssist.events@vt.uniting.org

Uniting

TERM 4 CALENDAR 2018

Wednesday

Informal Catch-up & Chill Out Session

10 October

Join us for an informal catch-up for the first session of the new term. Art, craft, puzzles and scrapbooking activities available.

Wednesday

NDIS Plan My Future Follow-up Workshop (10.30am to 12.30pm)

24 October

We will provide support to complete the Plan My future workbook which focuses on the care recipient's support needs and goals.

Wednesday

Informal Catch-up & Chill Out Session

7 November

Join us for an informal catch-up. Art, craft and scrapbooking activities available.

Wednesday

NDIS Carers Statement Workshop (10.30am to 12.30pm)

21 November

An opportunity for you as a Carer to concentrate on your needs and goals at these changing times.

Wednesday 5

NO HUB SESSION

December

Wednesday

Informal Catch-up & Chill Out Session (Festivities Celebration)

19 December

Join us for an informal catch-up and participate in end of year celebrations.
