



STRENGTHENING PARENT SUPPORT PROGRAM - HEALESVILLE

PEER SUPPORT GROUP FOR PARENTS & CARERS OF CHILDREN
AGE 0-18 WITH A DISABILITY OR DEVELOPMENTAL DELAY

Busy? Tired? No time for yourself? You are not alone!

Your stories may not be the same, but the importance of taking care of yourself is. Come and have a cuppa and a chat with other parents.

Share stories, frustrations and ideas and be ready to have some laughs too!

WHEN: 4th Tuesday of every month
(except school holidays) - Feb 27th,
March 27th, April 24th, May 22nd

TIME: 10:30 - 11:30 AM

WHERE: Kalinda Wellbeing Centre,
31 Maroondah Hwy (parking in rear
via Henry St), Healesville

COST: FREE OF CHARGE

BOOKINGS: Bookings are essential.

Grace Miano on 9735 6146 or
strengtheningparentsupport@anglicarevic.org.au

The Strengthening Parent Support
Program is delivered by Anglicare
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Education
and Training

