

## **Program Goals**

- Address education disengagement and crime related issues for indigenous youth at risk
- Increase self-discipline, confidence and self-esteem of youth
- Develop positive relationships between the NSW police force and youth





## **Program Layout**

- Monday, Wednesday & Friday Mornings
- Pick up starting at 6am from participants home
- 40 minute boxing for fitness style class
- Showers and Breakfast
- 8.30am drop off to school



Can be made by contacting Program Coordinator- Amy Chapman @ PCYC Ph: (02) 6551 0292 Email: <u>taree@pcycnsw.org.au</u>