# Careers Corner Weekly

# **Events 10th April to 23rd April**



# Monday 10 & 17 April 2023

#### ACU - Uni Step Up Applications Open

Uni Step-Up Online offers students from regional, rural and remote locations the chance to get a head start on university by studying two first year units while still in senior secondary school.

Uni Step-Up Online is a 2 unit program that is delivered fully online, one night per week during term times.

Time: See link below Location: See link below Details and Registration:

https://www.acu.edu.au/about-acu/events/2023/january/uni-step-up-

applications-are-now-open?

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## Wednesday April 12 2023

# Defence Careers Australia - Army Careers Information Session

Optimise your potential and consider a career that will transform you into a fit, capable, confident and resourceful member of the army.

There's so much more to life in the Army, with stimulating work opportunities, plenty of travel, amazing mateship, and extensive sport and leisure facilities.

Discover whether an Army career is your kind of challenge at our upcoming info session.

Time:

07:30 PM - 09:00 PM (ACST) 08:00 PM - 09:30 PM (AEST) 06:00 PM - 07:30 PM (AWST)

Location: Online and Defence Force Recruiting Perth

**Details and Registration:** 

https://army.defencejobs.gov.au/events/events-

detail/irliges

# Saturday 15 April 2023

#### SAE - Create for a Day at SAE Perth

SAE Perth is opening its doors this April for the SAE Create for a Day, a one-day program to expand your skills and get you working on inspiring creative projects in the fields of Animation, Audio, Design, Film, Games and Music Production.

Are you creatively inclined and thinking about studying creative media? We are offering an exclusive one-day workshop event in the April school holidays – get behind the scenes and pursue your passion!

Time: 10:00 AM - 3:00 PM

Location: SAE Institute Perth 116-120 Roe Street

Northbridge, WA 6003 Australia

**Details and Registration:** 

https://www.eventbrite.com.au/e/sae-create-for-a-day-

workshops-perth-tickets-526122916807

## Tuesday 18 April 2023

# Defence Careers Australia - Perth: Army Reserve Information Session

Experience flexible commitment in an Army Reserve role with new challenges, experiences, friendships and tax-free pay!

Whether you're looking for additional training and experiences to complement your current trade or profession or are looking to give back to your Country in a meaningful way, the Army Reserve has plenty to offer.

Come to the upcoming information session to speak with current serving members about their own experiences and advice.

Time: 06:30 PM - 07:30 PM

Location: Defence Force Recruiting Perth

**Details and Registration:** 

https://army.defencejobs.gov.au/army-reserve/events/events-detail/5vvcfqn

#### ACU - Talk with Teachers and Educators

Working in education gives you the opportunity to shape minds, inspire ambition and impact the future.

Join us online to hear from ACU teaching alumni who are working in education. Take part in a Q&A session with our graduates to learn about their experiences going from the lecture halls to the workforce, and how they make a difference to young people's lives.

Time: 6:00 PM - 6:45 PM

Location: Online

**Details and Registration:** 

https://www.acu.edu.au/about-

acu/events/2023/april/talk-with-teachers-and-

educators?

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# Wednesday 19 April 2023

#### **ACU - Talk with Lawyers and Criminologists**

Our law degrees open the door to a career helping others live in a safe, just and free society. And by studying criminology and criminal justice, you'll explore the causes of antisocial behaviour and work out the best ways to prevent crime.

Join us online to hear from ACU alumni about their experiences working in legal practice and the criminal justice sector, and how they have made an impact. Take part in a Q&A session with our graduates to find out where a law or criminology and criminal justice degree can take you.

Time: 6:00 PM - 6:45 PM

Location: Online

**Details and Registration:** 

https://www.acu.edu.au/about-

acu/events/2023/april/talk-with-lawyers-and-

criminologists?

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# University of Melbourne - Doctor of Medicine Information Session

The 21st century requires medical graduates who can thrive in complex environments and be the leaders of change. That's why we redesigned the Doctor of Medicine (MD) program and launched it in 2022.

Hear from key academics at the Melbourne Medical School and learn more about the new curriculum. This will also be an opportunity for you to ask questions and meet our current students and find out more about their MD experiences.

Time: 6:00 PM - 7:00 PM

**Location: Online** 

**Details and Registration:** 

https://study.unimelb.edu.au/student-

life/events/doctor-of-medicine-information-session-

2024-intake



# Thursday 20 April 2023

University of Melbourne - Doctor of Medicine Rural Pathway Information Session: 2024 Intake

As part of the University of Melbourne's commitment to rural health, the Melbourne Medical School has launched a Rural Pathway option within the Doctor of Medicine (MD). Students in the MD Rural Pathway will complete their medical training entirely in rural Victoria.

Hear from key academics at the Melbourne Medical School and learn more about the MD Rural Pathway. This will also be an opportunity for you to ask questions, meet our current students and find out more about their MD Rural Pathway experiences.

This webinar is for students who are considering applying for the 2024 intake

Time: 6:00 PM - 7:00 PM

**Location: Online** 

**Details and Registration:** 

https://study.unimelb.edu.au/student-

life/events/doctor-of-medicine-rural-pathway-

information-session-2024-intake



Australian College of Applied Professions					
Date	Event	Description	Time/Location/Registration		
Monday 17 April 2023	Online Information Session - Law	In partnership with the Law Institute of Victoria (LIV), ACAP's Graduate Diploma of Legal Practice (GDLP) offers Victorian law graduates immersive, industry-led learning and life-long connection to the profession through complimentary LIV Graduate membership.	Time: 6:00 PM - 7:00 PM Location: Online Details and Registration: https://www.acap.edu.au/events/online -info-session-law/		
Tuesday 18 April 2023	Online Information Session - Coaching	Can you imagine yourself as a private coach, consultant or professional facilitator? These are just a few career options you have with a qualification in Coaching.	Time: 7:00 PM - 8:00 PM Location: Online Details and Registration: https://www.acap.edu.au/events/onlin e-info-session-coaching/		
Tuesday 18 April 2023	Online Information Session - Criminology	Can you imagine yourself working in investigations, intelligence, or even corporate crime? These are just a few career options you have with a qualification in Criminology.	Time: 7:00 PM Location: Online Details and Registration: https://www.acap.edu.au/events/onlin e-info-session-criminology/		
Wednesday 19 April 2023	Online Information Session - Psychology	Can you imagine yourself in a fascinating research role, contributing to mental health services or as a specialist in private practice? These are just a few career options you have with a qualification in Psychology.	Time: 7:00 PM - 8:00 PM Location: Online Details and Registration: https://www.acap.edu.au/events/onlin e-info-session-psychology/		
Wednesday 19 & Thursday 20 April 2023	Online Information Session - Social Work	Can you imagine yourself making a difference in a not-for-profit organisation, or working in the criminal justice system, or the government? These are just a few career options you have with a qualification in Social Work.	Time: 12:30 PM Wednesday & 7:00 PM Thursday Location: Online Details and Registration: https://www.acap.edu.au/events/onlin e-info-session-social-work/		
Wednesday 19 & Thursday 20 April 2023	Online Information Session - Counselling	Can you imagine yourself in child protection or helping people through grief or addictive behaviour? These are just a few career options you have with a qualification in Counselling.	Time: 6:00 PM Wednesday & 12:30 PM Thursday Location: Online Details and Registration: https://www.acap.edu.au/events/onlin e-info-session-counselling/		
Thursday 20 April 2023	Online information Session - MBA	Imagine landing that promotion you have always wanted and becoming an inspiring and capable leader. There are so many opportunities with a Master of Business Administration (MBA) qualification. In this real-time online information session Dr Be Pannell will share insights into studying an MBA at ACAP so you can gain an in-depth picture of this immersive, and globally relevant MBA course.	Time: 6:00 PM - 7:00 PM Location: Online Details and Registration: https://www.acap.edu.au/events/online -info-session-mba/		





# Should I Have a Job at School?

Having a job while you're at school is generally a positive experience, but there are some things to consider when deciding whether or not it's for you.

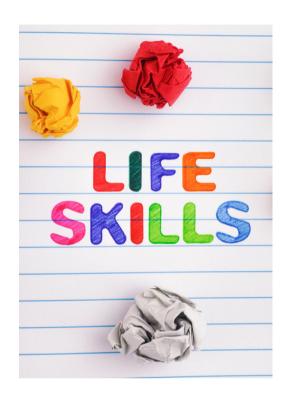
# Reasons FOR Having a Job at School

#### **Gain Experience**

Working helps you develop transferable skills such as time management, communication, and teamwork. Having real experience and referees on your resume is a valuable benefit when applying for jobs after finishing school. It will also help you develop a clearer idea of what you want to do, and which kinds of jobs might, or might not, be for you.

#### **Develop Life Skills**

Working teaches you essential skills you need to grow into a responsible adult. You'll develop patience, people skills, and a good work ethic. You'll learn about employers' expectations, how to be professional, and how to interact with people from all walks of life.



#### **Earn Money**

A job can give you some financial independence from your parents. Making your own income is a great way to learn about budgeting, saving, and managing expenses. You can spend it on fun activities and save for something big like a car or travel. Try the <u>Year13 Savings Calculator</u> to see how much you'll need to reach your goals.

# Reasons AGAINST Having a Job at School

#### **Maintaining Balance**

Balancing work and school can be challenging, especially in Years 11 and 12. Working more than two shifts, or 6 - 10 hours per week, could affect your academic performance.

#### **Less Free Time**

Having shifts that change or working every weekend limits your ability to participate in extracurricular activities, sports, and other hobbies, or the time you spend with friends and family.

Ultimately, it's a personal choice to make with your family, but a casual job can provide insights, skills, and opportunities that complement your personal and academic learning.



Retail and hospitality are two of the biggest industries employing young people in Australia and they are often where students find their first jobs.

In either industry you will learn skills in communication, customer service, time management, teamwork, attention to detail, and working under pressure. You will also come to understand how businesses operate and the importance of everyone's role is making them run smoothly. Because these industries share transferable skills, it will be easy for you to switch between them if you choose.

#### Retail

You may work primarily in one of these roles, or your role might combine aspects of each.

#### **Cashiers**

Cashiers work at supermarkets and grocery stores bagging and processing purchases, handling money, and providing change and receipts.





## **Sales Assistants**

Sales Assistants work in shops helping customers find items, answering questions, resolving complaints, and processing returns and exchanges.

#### **Shelf Fillers**

Shelf Fillers organise and restock merchandise and help keep the store clean and tidy. This role can sometimes involve early or late hours so the store is replenished for the next busy period.



#### Hospitality

If you work in <u>fast food</u> you'll combine many skills and elements of retail and hospitality jobs. Shifts are flexible, and you'll make new friends as many staff are young.



#### **Cinema Attendant**

Working at the cinema is fun and diverse. You may sell tickets, make popcorn, and check and clean cinemas. And, you might even get free or heavily discounted movie tickets!

#### **Waiters**

Waitstaff greet and seat customers, take and deliver their orders, and clear and set tables in restaurants, as well as process payments.

## **Kitchen Hands**

Kitchen hands rinse dishes, load and unload dishwashers, and put clean dishes and kitchen equipment back in its place. They are responsible for ensuring the kitchen is clean and hygienic at the end of a shift. Some may also help with food preparation during busy times.



### **Baristas**

Baristas prepare and serve coffee, tea, and other beverages in cafes. They may also serve snacks and sweets from a cabinet and process customers' payments. Making coffee is more complex than it seems, so there are short courses you can do to learn how.



There are many large retail and hospitality chains in Australia meaning you have a good chance of finding a job with one of them. While the recruitment process differs from business to business, this is generally what to expect when you apply for a job with them.

STEP 01

# Create an online profile to apply

Nominate which stores you want to work at and the times you're available (consider school, sports, other commitments).

# Complete an online quiz

This will be a short test to see if you have the personality characteristics they are looking for.

STEP **02** 

STEP 03

# Submit your application or expression of interest

Your application will be added to the applicant pool and may be put forward when something suitable becomes available.

#### Interview and ID check

If you match a vacancy, you may be invited to a group, 1-1, or video interview, or a combination of these. You may need to take ID.

STEP **04** 

STEP 05

#### **Outcome**

If you are offered a role you will need to sign employment documents. If you're not, you may be put back into the applicant pool for next time.

#### TIP!

After step 3, visit the manager at your local store to hand them your resume and tell them how keen you are. This demonstrates initiative and helps you stand out, increasing your chance of an interview.



Balancing school and work commitments can be challenging, but with the right approach, it's manageable. Here are 5 tips to help you stay on top of your studies and part-time work.

#### 1. Create a schedule

Plan your month in advance, blocking out time for study, work shifts, and other activities. Stick to it to stay organised and meet assignment deadlines.



#### 2. Be realistic

Don't take on too many hours at work or multiple extra curricular activities, as it can quickly become overwhelming. Make sure you have enough time to complete all your tasks without sacrificing sleep or social activities. Adjust your schedule to reflect the time tasks actually take you to complete so that it becomes more realistic and easier to stick to.

#### 3. Prioritise tasks

Make a list of everything you need to do, and then rank each task in order of importance. Start on the top ones right away. This will help you avoid procrastination and feeling overwhelmed as starting is often the hardest part.

#### 4. Plan breaks

Scheduling breaks into your weekly plan will help you maintain balance in the long run and avoid burning yourself out. Use this time to relax, exercise, or do other activities that help you unwind and recharge.

#### 5. Ask for help

If you feel like you have too much to do and not enough time to do it, talk to your manager and ask to cut down your hours or swap some shifts. It's important to prioritise your school work, especially in your senior years of school.

Finding the balance between school and work is a learning curve that takes trial and error, and patience and persistence. With the right mindset and a practical, organised approach you can enjoy work as time out from your studies.



All competitions and challenges below are FREE to enter and open to students nationwide.



Competition	Open To	Closing Date
Sleek Geeks Science Eureka Prize  For students with a knack for communicating, and budding filmmakers with an interest in science.	Primary & secondary	14 April 2023
Harmony Day Song Writing Competition  An original 2 minute song on the theme of 'Living in Harmony'. Write your own or use a provided tune.	Primary & secondary	16 April 2023
Harmony Day Poster Competition  An A3 drawing, painting or mixed media work on the theme of 'Living in Harmony'.	Primary & secondary	16 April 2023
Owlypia  An international, multiple-choice online knowledge competition in your favourite subject areas.	Ages 9 - 18	Event: 22 April

