

#### 15 March 2020

THIRD SUNDAY IN LENT

Jesus gives 'living water' to satisfy the thirsts of our lives.

Share your highs and lows of the day, or respond to the following questions:



Jesus says that those who drink the water he gives to them will never be thirsty again (John 4:13-14). What do you think he means?



The woman
Jesus met at
the well asked
him some
questions. What
is a question you
would like to ask
Jesus?



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## Daily Bible Readings

S	John 4:5-42	Jesus and the woman at the well
М	Exodus 17:1-7	Water from the rock
Т	Genesis 29:1-14	Rachel at the well
W	John 7:37-44	Streams of living water
Т	Revelation 21:5-7	The spring of the water of life
F	Romans 5:1-11	Peace and Hope
S	Psalm 95	Let us sing for joy
S	John 9:1-41	The man born blind

Discuss the bible reading. What word or phrase was important to you as you read these verses?

# Rituals and Traditions ኖ



#### **PRAYER**

Pour your love into our hearts, God, and let it overflow to others. Amen.

**BLESSING** 

May Jesus pour his love into your heart,

#### Lent

VIOLET (or Purple) is the colour of royalty, repentance, and self-discipline and is the traditional colour for the season of Lent. This deep rich colour represents a time of penitence and prayer.

## Creative Response

Jesus told the woman at the well that God wants people to worship him "in spirit and in truth" (John 4:23).

As part of your home devotional time this week, talk about your household's experiences of Sunday worship.

- Why do you worship?
- · What helps you to worship?
- How does participating in Sunday worship address your spiritual thirsts?
- Discuss ways in which you could better support the worship life of your congregation.
- Say a prayer of thanks for your congregation and those who plan and lead worship.

### mealtime prayer

Thank you for feeding our bodies and souls for eternal life with you. Amen.

verse for the week

No one who drinks
the water I give
will ever be thirsty
again. The water I
give is like a flowing
fountain that gives
eternal life.

JOHN 4:14



# Resolve to drink only water in your home this week.

Write up or type Jesus' words "Come to me and drink" (John 7:37) and attach to your water jugs or water bottles.

Donate any money you save by not buying beverages (soft drinks, juices etc) to a charity of your choice.



