

Parenting in a Pandemic: Evaluation of a Parenting Television Series

PARTICIPANT INFORMATION SHEET

Research unit: Parenting and Family Support Centre (PFSC), School of Psychology

Investigators: Associate Professor Alina Morawska, Associate Professor Karen Turner, Dr Kylie Burke, Associate Professor Vanessa Cobham, Professor Matthew Sanders, Dr Antonia Kish

What is this project about?

This project aims to evaluate the helpfulness of the Parenting in a Pandemic Television Series for parents of 2-16 year old children. This information will be used to inform the development of future programs and improve the ways parenting support is provided to families.

What is Parenting in a Pandemic?

In this television series, founder of the internationally acclaimed Triple P – Positive Parenting Program, Professor Matthew Sanders will be answering parent's questions and providing real, actionable advice to help parents steer their families through these challenging times.

Who can take part?

Any parent of a 2-16 year-old-child can take part.

How do I take part?

Complete the brief survey before you watch each episode. The survey is anonymous, meaning we will not ask your name, address or any other information that can be used to identify your family. The survey will take less than 5 minutes to complete. After you finish watching the series, there will be a few brief questions to answer. After two weeks we will ask you to answer a few brief questions again. In order to link your responses a code which is unique to you will be generated when you sign up to the study, but which cannot be identified. Although we will ask you to provide us with an email address, which will allow you to complete other podcast episodes (should you wish to), this email will be stored separately to your survey data and therefore will not be linked to your responses.

How will my answers be used?

By completing the anonymous survey you agree to your responses being used for research purposes in the research project. The results will be reported at the group level so individuals will not be identifiable in any report of the project. All information collected will be securely stored. No individual or body outside of the research project will have access to individual data.

Is participation voluntary?

Participation is completely voluntary, so you may choose not to take part in the project. This will not affect your ability to watch the series. Please note that as your responses are anonymous it will not be possible to withdraw once you have completed the questionnaire.

Are there any risks involved?

There is no risk to your health or physical functioning associated with taking part in this project beyond those of everyday living. However, should you find any questions upsetting, you may choose not to answer.

Are there any benefits to participating?

There are no immediate benefits to participating in this study. However, the information provided by participants may inform the development of information or intervention materials to help improve assistance for parents in the future. As a thank you for your participation you will go into a random draw to win 1 of 50 \$20 gift vouchers.

Does this research have ethical clearance?

This study adheres to the Guidelines of the ethical review process of The University of Queensland and the National Statement on Ethical Conduct in Human Research. Whilst you are free to discuss your participation in this study with project staff (contactable on 07 3365 7290), if you would like to speak to an officer of the University not involved in the study, you may contact the Ethics Coordinator on 3365 3924.

Who should I contact?

If you would like more information, please contact the Parenting and Family Support Centre on (07) 3365 7290 or email pfsc@psy.uq.edu.au.

Where can I access the general results of this research?

Once this research is completed, general results will be presented on the Parenting and Family Support Centre website at <https://www.pfsc.uq.edu.au/>.