

## ***FINDINGS FOR SECONDARY STUDENTS***

- **Parent-Adolescent Relationships:** 26.5% of parents reported a decline in their relationship with their adolescent, while 26% observed improvement, reflecting the complex nature of parent-teen dynamics.
- **Mental Health Struggles:** 34% of students frequently or constantly experience anxiety, and 15.9% often feel depressed, showing a significant increase in emotional distress compared to primary students.
- **Bullying & Cyberbullying:** 43.3% of students reported experiencing bullying, while 20.5% were involved in cyberbullying, emphasising the need for continued intervention and peer support initiatives.
- **Digital Safety Risks:** 46% of students increased social media use, and 2.9% became victims of online grooming or sextortion, further reinforcing the importance of digital literacy and online safety education.
- **Substance Use:** Concerningly, 4.8% of students vaped, 14.5% consumed alcohol, and 3% used illicit drugs, indicating that substance use prevention programs must be prioritised in secondary schools.
- **Parental Concerns:** 78% of parents are worried about their adolescent's future, reflecting growing concerns about academic pressures, mental health, and social influences.