LILYDALE HIGH SCHOOL

Melba Avenue, Lilydale 3140

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January 2022

Dear Parent/Guardian

This notice provides you with important information regarding the Year 7 Camps at Phillip Island. Please keep it handy as it will assist you to plan for your child's three days away from home. This camp provides your child with a fantastic opportunity to make new friends with team building activities. We will also be visiting the Nobbies and the evening Penguin Parade. Students have the opportunity to partipate in a Standup Paddleboard Session for an additional \$50. This is an optional extra, students not participating will take part in other activities.

Cost \$305

Optional Activity – Standup Paddleboarding – additional \$50

Dates Camp 1 CYC "The Island" - 7A, 7B, 7C, 7D, 7E, 7F

Monday 28th March depart school at 9.00 am

Wednesday 30th March arrive back at school 2.30 – 3.00 pm

Camp 2 CYC "The Island" - 7G, 7H, 7I, 7J, 7K, 7L Wednesday 30th March depart school 9.00 am Friday 1st April arrive back at school 2.30 – 3.00 pm

It is not advisable for students to travel to/from school with their camp luggage on the bus.

Accommodation CYC "The Island", 41-53 Church Street, Cowes, Phillip Island

Rooms sleep 4 – 6 students

Meals All meals are provided **except** lunch on the first day.

Please pack a cut lunch with drink and fruit to eat at lunchtime.

Money The local shops will be out of bounds, however there is an opportunity to go to the ice-

cream shop on a supervised walk. There is a souvenir shop at the camp. Please assist by

restricting pocket money to \$15.00 maximum.

Contact Person

at Camp

Jeremy Neumann, Head of Year 7

Phone - (03) 5952 2201

Payment & Consent

- 1. PAYMENT \$305 can be made via Compass or the Main Office
- 2. CONFIDENTIAL MEDICAL FORM Return to the Main Office or Junior

School Office – this CANNOT be completed online. If students have asthma, anaphylaxis, diabetes, epilepsy or an allergy, you must provide the school with an up-to-date action plan, or they cannot attend camp. Action plans must be signed

and completed by a doctor.

DUE DATE - Monday 21st February (no late payments accepted)

Yours sincerely

Jeremy Neumann
Head of Year 7

YEAR 7 CAMP - PACKING LIST

The following is a list of items that students should bring, all packed into one large bag (plus sleeping bag). One small carry bag can also be brought and kept with the student on the bus. The bus company have requested that soft bags be used as they are easier to handle and pack.

A. Bedding

- Sleeping bag, or sheets (blankets provided)
- Pillowcase

B. Clothing

- Clothing should be suitable for mild and warm weather
- Socks, underwear
- Track pants, jeans
- Shorts
- T Shirts
- Windcheater, jumper
- Pyjamas
- Parka, raincoat or equivalent for protection against cold/rain for night excursion to the Penguin Parade
- Runners and thongs Footwear <u>MUST</u> be worn at the beach Sandals/thongs
- A pair of shoes that can get wet
- Bathers

C. Other Items

- Toilet items (soap, toothbrush, toothpaste, shampoo, etc)
- Brush/comb
- Towel and beach towel
- Sunscreen, aeroguard, sunglasses (optional), sun hat
- Plastic drink bottle
- Spending money (optional) \$15 maximum

D. Lunch

A cut lunch and drink are to be brought on the first day for Camp

E. Dietary Requirements

 Please ensure any special dietary requirements are clearly marked on the Confidential Medical form eg: allergies, vegetarian, etc

F. What NOT to bring

- Large amounts of snacks/lollies/drinks etc
- Technology valuables, mobile phone, ipad, chromebook

^{*}Please assist us by checking as normal school rules apply with regard to these items.

DEPARTMENT OF EDUCATION AND EARLY CHILDHOOD DEVELOPMENT - LILYDALE HIGH SCHOOL Confidential Medical Report for School Camps and Excursions

This report is intended to assist the school in case of any medical emergency with your child. All information is held in confidence. Please complete and return this form to the school as soon as possible. My son/daughter _____ Home Group Date of birth has my permission to attend the Year 7 Phillip Island Camp – Camp Number 1 or 2 (please circle) Parent's/Guardian's Full Name Address Emergency Telephone: AH _____ BH _____ Name and address of family doctor Medical/Hospital Insurance Fund _____ Medicare No._ Contribution No. Ambulance Scheme YES / NO If yes, ambulance number: Previous Experience Is this the first time your child has been away from home? YES / NO Please tick if your child suffers any of the following: ☐ Asthma (if ticked complete Asthma Management Plan) ☐ Bed Wetting ■ Blackouts ■ Diabetes ☐ Dizzy spells ☐ Heart condition ☐ Migraine ☐ Fits of any type □ Sleepwalking □Travel sickness ☐ Other: **Swimming Ability** Please tick the distance your child can swim comfortably. ☐ Cannot swim (0m) ■ Weak swimmer (<50m)</p> ☐ Fair Swimmer (50-100m) ☐ Competent swimmer (100 – 200m) ☐ Strong (200m) **Allergies to:** Please tick if your child is allergic to any of the following ☐ Other drugs: _____ □ Penicillin □ Vegetarian □ Vegan ☐ Foods: ___ ☐ Other allergies: What special care is recommended? Year of last tetanus immunization: Tetanus immunization is normally given at 5 years of age (as Triple Antigen or CDT) and at 15 years of age (as ADT) Medication Is your child taking any medicine(s)? ☐ Yes □ No If yes, provide the name of medication, dose and describe when and how it is to be taken: All medication must be given to the teacher-in-charge. All containers must be labelled with your child's name, the dose to be taken as well as when and how it should be taken. The medications will be kept by the staff and distributed as required. Inform the teacher-in-charge if it is necessary or appropriate for your child to carry their medication (for example, asthma puffers or insulin for diabetes). A child can only carry medication with the knowledge and approval of both the teacher-in-charge and yourself. **Consent Form** 1. I authorise the teacher in charge of the camp to consent, where it is impracticable to communicate with me, to the child receiving such medical or surgical treatment as may be deemed necessary. 2. I understand that if my child behaves in a way that breaches the School Code of Conduct and/or camp rules I may be required to organise, at my expense, my son/daughter's return from the camp.

The Directorate of School Education requires this consent to be signed for all children attending school camps or $\dot{}$

Signed:

Date:

Parents/Guardians need to be aware that excursions/camps may be cancelled at short notice at any time if conditions for students or staff are deemed by the school to be dangerous. Lilydale High School always puts the safety of its community above all other conditions. Whilst every measure would be taken to ensure parents are notified as soon as the decision is made, there will be times when the nature of the event means that only minimal notice can be given. Information will also be placed on the school website www.lilydale.hs.vic.edu.au Unfortunately, parents need to be aware that money may not be able to be fully refunded where a payment has been made in advance to an organisation or service provider. We appreciate your co-operation and understanding in this regard