

TERM 2 - 2019

John XXIII Canteen

Summer Menu

Breakfast Menu - daily (8am - 8.30am)

Cereal Portion & 150ml milk \$3.50

Toast

2 pieces \$2.50

Fresh baked bread roll with spreads \$2.50

Tuesday and Thursday

Bacon & Egg roll (when busy) \$4.00

Plain Cheese Toastie \$2.40

Ham & Cheese Toastie \$2.80

Tuesday, Wednesday & Friday

Ham & Cheese Toastie \$2.80

Plain Cheese Toastie \$2.40



Baked

Anzac Cookie \$0.80

Assorted muffins \$2.70

Banana Bread \$2.70

Gluten Free Banana Bread \$3.50



Drinks

Plain Milk - 150ml

Plain milk - 450ml



\$1.00

\$2.00

Flavoured milks Milky Max 250ml

- large (600ml)

\$2.50

\$3.80

Fruit juice (100% H/F) - small (250ml)

- large (450ml)

\$2.00

\$3.40

Bottled water

Iced tea

Up and Go / LOL

Icreams

Quelch ice sticks / Vanilla cup/Nippy frozen juice cup

Icey Pole

Bulla light cup / Paddlepop

Paddle pop Shaky Shake

Snacks

Veggi Chips / Popcorn

Pretzels

Whole fruit piece

Yogurt 160g

Fresh fruit salad

Cheese & Biscuits

Jelly Cup

\$1.00

\$1.60

\$1.90

\$2.20

\$1.80

\$2.50

\$1.00

\$2.20

\$3.50

\$2.50

\$1.00



Recess

Mini pie / Quiche	\$1.40	Boffin Biscuit	\$2.50	Assorted Muffins	\$2.70
Hash Browns	\$1.40	Mini Chicken Wrap	\$2.50	Banana Bread	\$2.70
Yummie Drummies	\$1.40	Gluten Free Banana Bread	\$3.50	Anzac cookies	\$0.80
Plain Cheesie Round	\$2.00	Veggi Chips/Popcorn	\$1.80	Pretzels	\$2.50

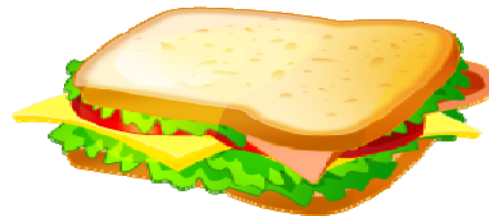
Sandwiches / Rolls (available every lunchtime)

	Sandwich	Roll	<u>Extra's - available for rolls, sandwiches & salads</u>	
Vegemite	\$2.00	\$2.50	Olives	\$1.00
Salad (carrot/lettuce/tom/cucum)	\$3.50	\$4.00	Cheddar cheese (sliced or shredded)	\$1.00
Cheese & salad	\$4.50	\$5.00	Avocado	\$1.20
Curried Egg / Egg mayo & lettuce	\$4.50	\$5.00	Beetroot	\$1.20
Chicken & salad	\$5.00	\$5.50	Egg	\$1.50
Tuna & salad	\$5.00	\$5.50	Roast Chicken meat	\$1.60
Ham & salad	\$4.70	\$5.00	Tuna / Leg ham	\$1.60
Egg & salad	\$5.50	\$6.00		
Ham only	\$3.00	\$3.50		
Cheese only	\$3.00	\$3.50		
Chicken only	\$3.70	\$4.20		
Chicken, avo & mayo	\$5.50	\$6.00	Tomato sauce / butter portion	\$0.40

All sandwiches & rolls are made without butter unless requested.

Lebanese Wraps

	Whole
Ham & Salad	\$6.00
Cheese & Salad	\$5.50
Chicken & Salad	\$6.00
Chichen, avo & mayo	\$6.00



WEEKLY LUNCHEON MENU

(Sorry - no variations to meals)

Avoid queues & time by ordering on-line

Subject to Supplier availability, occasionally items may need to be substituted for other menu items.

Year 7-12 can order their lunch in the morning for pick up at lunchtime.

Monday

Pulled beef Toasted Wrap \$5.50

Meat / Veg Arancini \$5.00

Tuesday

Chilli Con Carne & corn Chips \$6.50

Gnocchi \$5.00

Wednesday

Sushi - 8 piece \$6.50

- 5 piece \$5.00

Beef Tortellini \$6.50



Thursday

Butter Chicken - large \$6.50

- small \$4.00

Friday

Bacon,Mac & Cheese Bake \$6.50

Salad Box

Includes fork, bread & dressing.

Gourmet Lettuce, Tomato, Carrot and Cucumber \$5.00

Add - Chicken / Ham / Tuna or Egg extra for \$1.60

Pizza

Slice / Single \$3.20

Pastry

(Not available on Wednesday's)

Pies(Lighten up) - 175g \$4.00

SnackPies (Lighten up)- 110g \$3.00

Sausage roll (Lighten up) \$3.50

4 & 20 Pies (Full fat) - 220g \$4.00

4 & 20 King size sausage roll (Full fat) - 180g \$3.50

Burrito

Chicken or Vegetable \$4.50

Pasta / Easy meals (Gluten Free Lasagne) \$ 5.50

Fried Rice / Satay Chicken / Honey Soy Chicken

Lasagne/ Spaghetti bolognaise/ Macaroni \$4.90

Hot Dogs with or without Tomato sauce \$3.80

Burgers

Chicken / Fish / Beef / Vegetable \$6.00

(must include Salad)

