

How to Book and secure your place

Go to our Website.....

www.tresillian.org.au

Click on “Courses”

Then click on “Courses & Training”

Click “For Parents”

Scroll down to select “Course” and click to read details which include:

- Outline of the group program and length.
- Dates and times.
- Venue.
- Facilitator’s details.

Book and follow the prompts to register your details .

For any group enquiries, please contact:

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Supporting Sleep in Young Babies

WHY CHOOSE

“SUPPORTING SLEEP IN YOUNG BABIES”

The session has been developed for parents to provide information on infant communication, sleep patterns and settling options in a discussion group.

This group explores the way that infants communicate in play and when they want to sleep and gives parents/carers options for settling young babies.

Parents/carers can sign up to attend with their infant to learn about these important aspects of parenting in a group setting.

Who is this group for?

Families with babies aged 0 to 24 weeks and expectant parents



2022 DATES

Wednesday mornings

9:30 - 11:30

Dates:

February: 2nd

March: 2nd

April: 6th

May: 4th

June: 1st

July: 6th

August: 3rd

September: 7th

October : 5th

November: 2nd

December: 7th