



Caring for a friend or relative can be complicated

Connecting with other carers just like you can help.

The Carer Forum is a safe online space where Australian carers can meet others facing similar challenges in their caring roles.

Share your stories, get some practical advice, support and have a laugh or two. Jump online and join the forum today.

"The community here is very welcoming and supportive"

"Thanks for the encouragement"

Visit www.carergateway.gov.au (select 'Join the Forum') to connect with other carers.



Australian Government

