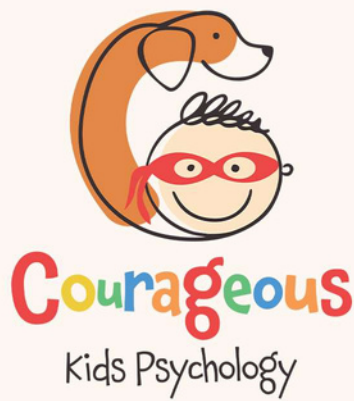




Harnessing superpowers, with the help of furry friends.

Introducing Courageous Kids Psychology.

We are a clinical child psychology service which offers evidence based psychological therapy exclusively for children and adolescents as well as parenting support.

We offer a safe, warm and confidential place to talk about the tricky things that are happening in life and we help our clients use their strengths to navigate life's ups and downs.

We take a playful approach when working with children and adolescents and incorporate therapeutic techniques through play, games and engaging activities.

We also work with parents, schools, and other health professionals to create a shared understanding of the young person's difficulties and to develop a support system around them in order to overcome challenges and create meaningful change.

All with a little help from some furry friends, starring our pet therapy dog, Boomer.



Courageous Kids Psychology Services:

- Child psychology
- Adolescent and young adult psychology
- Parenting support
- Intellectual, educational and ASD assessments
- In-clinic and Telehealth consultations are available

We work with young people to address a range of areas of need, including:

- Anxiety
- Depression
- Attention and concentration difficulties
- Emotional regulation
- Behavioural difficulties
- Social, play and/or friendship difficulties
- Self-esteem and confidence
- Adjustment to stressful or traumatic events, life changes or coping with stress
- Grief and loss
- Learning difficulties or school issues including school avoidance
- Developmental delays and Autism Spectrum Disorders

We also work with parents to support them in a number of areas:

- Understanding and managing their child's emotions
- Promoting children's development and adjusting to developmental needs
- Practical assistance for managing challenging behaviours and situations
- Strengthening relationships and strong attachments



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