



# How to Talk so Kids Will Listen

This course is for families experiencing separation

## A FREE workshop for Parents and Carers

Do you feel like your requests are falling on deaf ears? Come along and learn how to:

- Develop strategies to communicate effectively with your kids
- Really hear what your kids are trying to tell you
- Explore realistic expectations and setting boundaries
- Foster resilience in your child

**Time:** 9:30am – 11:30am  
**Date:** Tuesday 19 January 2021

**Venue:** Centacare Level 2  
45 Wakefield Street,  
Adelaide 5000



*Please note childcare facilities are not available and children cannot be present at this course*

**Bookings essential. Please contact Centacare on 8215 6700 or email your details to: [registrations@centacare.org.au](mailto:registrations@centacare.org.au)**

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[www.centacare.org.au](http://www.centacare.org.au)