



Educational and Developmental Psychology Telehealth Services

In response to the COVID-19 pandemic, we are now offering intervention services for children, adolescents and families via telehealth.

We can offer short-term interventions for children and adolescents on a range of topics including:

- coping and resilience
- stress and anxiety
- self-esteem
- study and learning skills
- literacy
- behaviour management
- social skills and friendship

Fees for service have been temporarily modified and individual telehealth sessions currently being offered to the community at no cost.

We are also seeking expressions of interest for group programs for primary and secondary students. Possible group intervention focuses include:

- social skills
- anxiety management
- academic skills
- coping and resilience

Please contact us at clinic-psych@unimelb.edu.au to express interest or for further information

