



COFFEE | FOOD | CATERING

Primary School Lunch Menu

Fresh + Healthy Meal | 11

- Funky fresh OR Bento box
- Cobs popcorn
- Bottle of water

Burger Meal | 11

- Cheese OR chicken OR vego burger
- this is a fresh + cool menu item, it is not heated
- Cobs popcorn | strawberry yoghurt muesli bar | hedgehog
- Drink of choice

Croissant Meal | 11

- Ham + cheese croissant
- Cobs popcorn | strawberry yoghurt muesli bar | hedgehog
- Drink of choice

Greek Lamb Meal | 11

- Greek Lamb Wrap
- greek lamb, lettuce, cucumber, carrot, tomato + tzatziki
- Cobs popcorn
- Drink of choice

Healthiest Choice Meal | 11

- Big Salad Wrap or Chefs Salad
- Cherry tomato, cucumber chunks + carrot sticks w dip
- Bottle of water

Mini Meal Deal | 9

- ½ Wrap
- Cobs popcorn
- Drink of choice



Sandwiches + Wraps – make your own!

GF bread available +\$1.00 | Fillings +.60each

Sandwiches – 1 filling from \$4.50

Wraps – 2 fillings from \$6.10

Fillings

lettuce, tomato, cheese, cucumber, egg, grated carrot, vegemite, char grilled chicken, ham, roast beef

Condiments

mayonnaise, tzatziki, bbq sauce, sweet chilli sauce

Burgers, scrolls + wraps | 7.5

Grilled chicken burger

mayo, tomato, iceberg, cheese + chicken breast

Cheeseburger

Beef pattie, cheese, bbq sauce + lettuce

Vego burger

Our own veggie pattie, mayo, tomato, cheese + lettuce

Cheese + vegemite scrolls (v

Ham + cheese scroll

Hawaiian pizza scroll

Margarita scroll

Greek lamb wrap | ½ Greek Lamb Wrap 5

Ham + cheese croissant

Salads + boxes | 8

Funky fresh box | gf v

crackers, cheese, cherry tomatoes, fresh fruit, vegie sticks, boiled egg, corn kernels

Bento box | gf

teriyaki chicken tenders, baby carrots, baby cucumbers, cherry tomatoes, capsicum chunks

Sweet chilli chicken vermicelli noodle

sweet chilli sauce, shredded chicken, vermicelli noodles, carrot, cucumber, capsicum, cherry tomatoes

Vegetable fried rice | gf v

rice, carrot, peas, corn, soy sauce, egg, capsicum, spring onion

Chicken Caesar

iceberg, cheese, tomato, egg, chicken, bacon + mayo dressing



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Snacks

Fresh fruit salad | 5
Fresh fruit salad w drizzles of chocolate sauce | 5.6
Fresh fruit salad w drizzles of yoghurt | 5.6
Fresh fruit salad w drizzles of jelly | 5.6
Yoghurt- plain or mango | 4.2
Hard boiled egg | 2.5
Cobs sweet + salty popcorn | 4
Dip + nibble box | 5.2
cherry tomatoes, carrot sticks, cheese, crackers + hommus| tzatziki
Choc Chic Cookie | 4.5
Chocolate Hedgehog | 4.0
Apple crumble w custard | 4.8
GF chocolate fudge brownie | 5
GF chocolate chip cookie | 5
Red rock deli chips – sea salt | 4
Strawberry yoghurt muesli bar | 3.5
Gingerbread man | 5

Sushi | 7.5

Sushi twin packs – chicken | tuna | avocado

**Orders for sushi must be placed by
11am the day prior**

Drinks

Plain bottled water | 3
Harvey fresh juice orange, apple, tropical | 3.7
Flavoured chocolate milk | 3.7
Flavoured strawberry milk | 3.7



Is your child sick – cancelling your order....

Cancellations are only possible **until 9.30am** on the day, after this time your child's order will be delivered to school. Please call us on 9877 5183 to cancel an order before 9.30am – **please do not email us.**

Feedback from you...

We make calls to our parents to get their feedback and make our menu from that feedback. We love to hear your feedback so don't be shy, send us an email with your menu suggestions or any other comments!

admin@misspeppercorn.com.au

Stay up to date with us - our competitions, school news + recipes...

