



St Brendan's & St Mary's Parishes are child safe communities. We promote the safety, wellbeing and inclusion of all and a zero tolerance to child abuse.

**Twenty-fifth Sunday in Ordinary Time, Year C**

**21 September 2025**

**First Reading Am 8:4-7**

*The Lord God spoke against those who buy the poor for money.*

Listen to this, you who trample on the needy  
and try to suppress the poor people of the  
country,  
you who say, 'When will New Moon be over  
so that we can sell our corn,  
and sabbath, so that we can market our  
wheat?  
Then by lowering the bushel, raising the  
shekel,  
by swindling and tampering with the scales,  
we can buy up the poor for money,  
and the needy for a pair of sandals,  
and get a price even for the sweepings of  
the wheat.'

The Lord swears it by the pride of Jacob,  
'Never will I forget a single thing you have  
done.'

**Responsorial Psalm**

**Ps 112:1-2. 4-8. R. see vv.1. 7**

*(R.) Praise the Lord who lifts up the poor.  
or*

*(R.) Alleluia!*

1. Praise, O servants of the Lord,  
praise the name of the Lord!  
May the name of the Lord be blessed  
both now and for evermore! (R.)
2. High above all nations is the Lord,  
above the heavens his glory.  
Who is like the Lord, our God,  
who has risen on high to his throne  
yet stoops from the heights to look down,  
to look down upon heaven and earth? (R.)
3. From the dust he lifts up the lowly,  
from the dungheap he raises the poor  
to set him in the company of princes,  
yes, with the princes of his people. (R.)

**Second Reading 1 Tm 2:1-8**

*Let prayers be offered to God for everyone; he wants all  
people to be saved.*

My advice is that, first of all, there should  
be prayers offered for everyone – petitions,  
intercessions and thanksgiving – and  
especially for kings and others in authority,  
so that we may be able to live religious and  
reverent lives in peace and quiet. To do this  
is right, and will please God our saviour: he  
wants everyone to be saved and reach full  
knowledge of the truth. For there is only  
one God, and there is only one mediator  
between God and mankind, himself a man,  
Christ Jesus, who sacrificed himself as a  
ransom for them all. He is the evidence of  
this, sent at the appointed time, and I have  
been named a herald and apostle of it and  
– I am telling the truth and no lie – a teacher  
of the faith and the truth to the pagans.

In every place, then, I want the men to life  
their hands up reverently in prayer, with no  
anger or argument.

**Gospel Acclamation 2 Cor 8:9**

*Alleluia, alleluia!*

*Jesus Christ was rich but he became poor,  
to make you rich out of his poverty.*

*Alleluia!*

**Gospel Lk 16:1-13**

**or (shorter form Lk 16:10-13)**

*You cannot be slaves both of God and of money.*

Jesus said to his disciples: 'There was a  
rich man and he had a steward who was  
denounced to him for being wasteful with  
his property. He called for the man and said,  
"What is this I hear about you? Draw me up  
an account of your stewardship because you  
are not to be my steward any longer." Then  
the steward said to himself, "Now that my  
master is taking the stewardship from me,  
what am I to do? Dig? I am not strong enough.  
Go begging? I should be too ashamed.  
Ah, I know what I will do to make sure that  
when I am dismissed from office there will  
be some to welcome me into their homes."

'Then he called his master's debtors one by  
one. To the first he said, "How much do you  
owe my master?" "One hundred measures  
of oil," was the reply. The steward said,  
"Here, take your bond; sit down straight  
away and write fifty." To another he said,  
"And you, sir, how much do you owe?"  
"One hundred measures of wheat," was the  
reply. The steward said, "Here, take your  
bond and write eighty."

'The master praised the dishonest steward  
for his astuteness. For the children of this  
world are more astute in dealing with their  
own kind than are the children of light.

'And so I tell you this: use money, tainted as  
it is, to win you friends, and thus make sure  
that when it fails you, they will welcome you  
into the tents of eternity. The man who can  
be trusted in little things can be trusted in  
great; the man who is dishonest in little  
things will be dishonest in great. If then you  
cannot be trusted with money, that tainted  
thing, who will trust you with genuine  
riches? And if you cannot be trusted with  
what is not yours, who will give you what is  
your very own?

'No servant can be the slave of two masters:  
he will either hate the first and love the  
second, or treat the first with respect and  
the second with scorn. You cannot be the  
slave both of God and of money.'



**The Parish Office will be closed on  
Friday, September 26 due to the  
Grand Final public holiday.**

**Reflection by Dianne Bergant CSA**

We are creatures of this world. We are  
made of it and we are totally  
dependent upon it for our very  
existence. We require its air, its water,  
its food, its heat. We need it for  
covering and for shelter; we need it to  
stimulate our minds and our spirits.  
Therefore, our use of its phenomenal  
resources cannot in itself be immoral.  
What is questionable is the character  
of our use.

There are many circumstances that  
contribute to the complexity of these  
matters. The merchant in the passage  
from Amos is not faulted because he  
was prosperous. Nor is the steward in  
the gospel criticised for putting  
resources aside for future use. But  
how much does a person need when  
there are others who are really needy?

We live our lives on the horns of a  
dilemma. We have the right to use  
and to enjoy the marvels of our world,  
but we cannot do this free of  
responsibility to each other and to the  
world itself. We are not called to  
disown the world. It is impossible for  
us to do that, because of our total  
dependence upon it. But we are  
called to live in it gently, using what  
we need and sharing what we can. We  
must make decisions as trustworthy  
stewards of the household of God, not  
like the man in the gospel who was  
only concerned with his own well  
being. We must serve God, not  
mammon.

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# ST BRENDAN'S PARISH

121 Knight Street, Shepparton

Phone: 5821 2633

Email: [shepparton@sandhurst.catholic.org.au](mailto:shepparton@sandhurst.catholic.org.au)

Website: [catholicparish.app/shepparton](http://catholicparish.app/shepparton)

Facebook: [sheppartonicatholic](https://www.facebook.com/sheppartonicatholic)

Parish Priest: Fr Joe Taylor

Priest in Residence: Fr Saji Thomas MST

Assistant Priest: Fr Adi Indra

Office Manager: Diane Teitzel

Pastoral Associate: Anthony Kilmartin

Sacramental Coordinator: Jess Doyle

Administration Support: Laura Thompson

Youth Worker: Emma Christy

Housekeeper: Louise Tumua-Malolo

Maintenance Officer/Gardener: Gavin Doherty

Visiting Psychologist: Estela Hutchings

Safeguarding Officer: Kathy Hunt Ph: 5821 2633

Office Hours: Mon to Fri 9am - 2pm

## ACKNOWLEDGEMENT OF COUNTRY

We turn our hearts and minds to the people of the Yorta Yorta nation, who have occupied this country for thousands of years.

We pay respects to their Elders, past, present and emerging, and commit to walking alongside Aboriginal Australians in truth and justice.

## Readers & Commentators Sept 27 & 28, 2025

6pm	Chris Segrave	Fran Smullen
8am	Vince Rando	Brock O'Hara
11am	Bettina De Guzman	Mary-Ann Demase

**Recently Deceased:** Carmel Richardson, Fr Alex Lim

**Anniversaries:** Margaret Macgill, Catherine Entriiken, Anastasia Giuliani, Dorothy Keating, Greg O'Brien, Peter Leahy

## REINTRODUCTION OF THE CHALICE AT MASSES

As is now the pastoral practice in the neighbouring dioceses of Melbourne and Ballarat, communion will be offered to all people at all masses under both species of bread and wine, beginning next Sunday. We will need 2 (3 at the 11.00am) extra ministers of communion at Masses please. It will take a little while before our rosters can reflect this.

"Holy Communion has a fuller form as a sign when it is distributed under both kinds. For in this form the sign of the

Eucharistic banquet is more clearly evident and clear expression is given to the divine will by which the new and eternal Covenant is ratified in the Blood of the Lord, as also the relationship between the Eucharistic banquet and the eschatological banquet in the Father's Kingdom"

General instruction of the Roman Missal.[105]



## Weekend Mass Times

Saturday Vigil 6pm

Sunday 8am & 11am

\*\*\*\*\*



**Syro Malabar Rite: Wednesday 6.00pm,**

**Saturday 8.30am & Sunday 5.30pm**

\*\*\*\*\*

St Mary's Dookie, Sunday 9.30am

\*\*\*\*\*

## Weekday Mass Times

Tuesday to Friday 9.15am

## Reconciliation

Saturday 9.45am to 10.30am (in the Church)

**Rosary**— The Rosary is prayed in the Marian Chapel after weekday Masses and after the 8am Mass on Sunday.

## Holy Hour with Adoration of the Blessed

**Sacrament:** Thursdays 7pm to 8pm and

Fridays 4.45pm - 5.45pm

## PRIESTS RETIREMENT FOUNDATION APPEAL for the Retired Priests of Sandhurst

There are currently 12 retired priests in our diocese. This appeal helps fund their housing, ongoing care, and everyday living expenses.

The Foundation relies on the generosity of both priests and parishioners throughout the Diocese. Your donations are essential and tax-deductible.

This is a valuable opportunity to thank God for the ministry and dedication of our priests, and to pray for both our active and retired clergy.

**The second collection at all Masses this weekend (September 20 & 21) will go towards this annual Appeal.**

- Donations over \$2 are tax-deductible.
- If you require a receipt for donations over \$10, please use the envelopes provided

**Thank you for your support.**

## Footy Tipping 2025 Winners

Come and join us for a celebration of footy and the presentation of the 2025

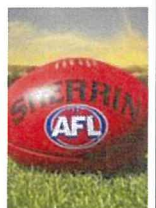
Footy Tipping Winners on

**Friday, September 26**

(Grand Final Holiday) at 10.00 am in the MPJ Centre (behind the church)

Morning tea will be provided.

**All welcome!**

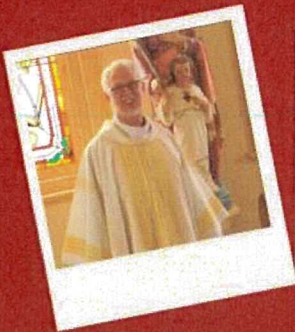


# Farewell FOR FR JOE

28 September

11am Mass at St Brendan's Catholic Church

12.45pm Luncheon at the Sacred Heart



For anyone who would like to contribute to a monetary gift for Fr Joe (by September 22), you can do so by either:

**Sending cash into the Parish Office OR Bank transfer:**

**NAME: St Brendans Parish**

**BSB: 083-543**

**ACCOUNT: 48359-3006**

**REFERENCE: Farewell**

## **St Mel's Majellan Club – Celebrating 60 Years of Togetherness**

In 2025, we mark a remarkable milestone – 60 years of friendship, faith, and community at St Mel's Majellan Club.

We warmly invite all past and present members to join us in celebrating this special occasion at our **St Gerard Majella's Feast Day Mass.**

Date: Thursday, October 16

Time: 11.00 AM

Location: St Mel's Church,  
18–22 Hamilton Street

Mass will be followed by a celebratory lunch at the GV Hotel at your own cost.

Please register your attendance before October 2 by contacting:

Lorraine Corish – 0412 848 548

Maree McKenna – 0409 956 464

*We look forward to reconnecting and celebrating with you!*



## **St Brendan's Parish Rite of Christian Initiation for Adults**

Are you searching for more peace in your life,  
do you feel something is missing in your life?  
The RCIA process leads people through what the Catholic Church believes and teaches. Our focus is on how the Church and our faith lead us to a relationship with God, through joining a community of faith.

**The RCIA process begins on Thursday, October 9 at 7.30pm  
in the St Brendan's Pastoral Centre,  
with an enquiry night.**

The role of sharing our faith with others is central to our own faith. This sometimes happens through us asking a question, or listening as others ask questions.

The RCIA team of Mary-Anne Demase, Geoff Woodhouse, Sr Hartini and myself lead the process on behalf of our parish. Please keep us in your prayers and seek to be informed on what is happening in the RCIA process and who is involved.

Any questions can be directed to  
Anthony on 5821 2633  
Tuesday or Thursday.



Congratulations and  
Happy anniversary to  
Dale and Lorraine  
Wright on  
50 years of marriage  
for September 20.



## **FRIENDSHIP GROUP LUNCH**



**Sunday, September 21  
12:30 PM  
Shepparton Club  
Wyndham Street**

All welcome!  
Please contact Pat Simpson  
0423 343 711 (leave a message)

Dear Monsignors, Fathers, and Council,  
Committee and Staff members,  
I wish to advise you of the sad news that Father Alex Mendez Lim passed away peacefully yesterday morning, Friday 5 September 2025, at Nazareth House in Ballarat. Some of you may remember that Fr Alex served in the diocese between 2004 and 2017 across the parishes of Kennington, Beechworth, Elmore and Rochester.

Fr Alex had spent the last few years  
in hospital in Ballarat.  
May he rest in peace.

Yours sincerely,  
+Shane Mackinlay



# Fr Brian Boyle

## Diocesan Administrator



Today, the College of Consultors elected Very Rev. Dr Brian Boyle EV as Diocesan Administrator.

Fr Brian, Administrator of the Cathedral Cluster of parishes, will serve in this new role until the installation of the ninth bishop of Sandhurst, exercising the administrative authority of a bishop guided by the principle: "While the see is vacant, no innovation is to be made" (Canon 428 §1).

Having worked closely with Archbishop Shane Mackinlay for over twenty years in the Diocese of Sandhurst and at Catholic Theological College, Fr Brian is well-placed to "... remain faithful to the direction set by the former bishop", ensuring continuity across several key diocesan initiatives, including:

- The implementation of the Sandhurst Mission and Pastoral Goals
- The development of Cathedral Square
- The Formation Support Plan
- The diocesan pilgrimage to the Australian Catholic Youth Festival

Fr Brian brings a wealth of relevant experience to his new role – as a priest, an academic, an educator and fraternal leader. He holds a Licentiate and Doctorate in Sacred Theology from the Pontifical Gregorian University in Rome and served as Dean of Studies at Corpus Christi College, Carlton from 2015 to 2020. In Sandhurst, he has served as Episcopal Vicar for Education since 2014 and is a Member of Catholic Education Sandhurst Ltd.

Fr Brian has been a pastoral leader to Sandhurst Clergy, having served as Director of Clergy Life and Ministry from 2017 to 2023. He was a member of the Missionaries of the Sacred Heart before being incardinated into the Diocese of Sandhurst in 2012.



### Delegate of the Diocesan Administrator

Fr Brian Boyle has appointed Fr Jake Mudge as his Delegate.

Fr Jake will, to assume administrative responsibilities during Fr Brian's pre-arranged annual leave from 6–10 October.

Source: Diocese of Sandhurst – Administrator Elected



**THE PODCAST IS HERE!  
CATCH THE FLAME!**  
Season 1: Episode 1

Join Fr Junray, Claire, and Jessan as we kick off the First Season of Catch the Flame Episode 1 - sharing stories, faith, and the spark behind the Australian Catholic Youth Festival.

🎧 Tune in. Be inspired. Catch the flame.  
👉 Listen now → **Catch the Flame: A Sandhurst Catholic Youth Podcast** on Spotify



**Charismatic Prayer Group**  
Wednesday, September 24  
at 1.30 pm in the  
MacKillop Room.  
All are welcome!

Enquiries to:  
Lorelei Goodall 5798 533





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Catholic Diocese of Sandhurst

## DIOCESAN FORMATION GATHERING

# Building Communities of Belonging

**Keynote Presentation by Dr Paul Sharkey:**

**The Place of Community and Belonging in a Catholic Parish**

*Part 1:*

Why is it important in the context of the mission of the parish/Church in today's culture?

*Part 2:*

What can a parish do to grow the sense of belonging amongst its parishioners?

The day offers **insights** and **tools** to help parishes grow a deeper sense of welcome and connection.

### SIX PRACTICAL WORKSHOPS TO CHOOSE FROM!

Opportunities to share ideas and experiences through:

- Round Robin dialogues between parishes
- Parish group discussions
- Plenary conversations with shared reflections.

Saturday  
11 October  
2025

9.00 am - 4.00 pm  
Notre Dame College  
Shepparton

## Register Now!

Registrations close  
30 September 2025

<https://www.trybooking.com/events/landing/1394762>



# DIOCESAN FORMATION GATHERING

## Building Communities of Belonging



# 11 OCTOBER 2025

**9.00 am** Arrival , Registration and Morning Tea

**9.30 am** Welcome and Outline of the Day

**9.45 am** Acknowledgement of Country and Prayer

**10.00 am**

**Keynote Presentation Part 1:** The place of community and belonging in a Catholic parish. What is its place? Why is it important in the context of the mission of the Parish/Church in today's culture?

**10.40 am**

**Discussion on Keynote Part 1**

**11.00 am**

**Keynote Presentation Part 2:** What can a parish do to grow the sense of belonging amongst its parishioners?

**11.40 am**

**Discussion on Keynote Part 2**

**12.00 pm**

**Workshops:** Six workshops run concurrently. Participants participate in their chosen workshop.

**12.50 pm LUNCH**

**1.30 pm**

**Round Robin Interparish Dialogue** (4 rounds)

**2.40 pm**

**Plenary Discussion and Sharing**

**3.15 pm**

**Parish Group Discussion**

**3.40 pm**

**Prayer and Conclusion.**

# DIOCESAN FORMATION GATHERING WORKSHOPS

**Geoff Gowdie**

**Building Communities of Belonging – learning from what others have discovered.**

What are the insights from other parishes who are intentionally well into this journey?

**Claire Spinelli and Team**

**A Community of belonging for Young People**

What sort of parish culture is invitational, welcoming and inclusive of young people?

**Christine Sebire**

**A community of belonging for Children and Families**

What sort of parish culture is invitational, welcoming and inclusive for children and families?

**Dr Paul Sharkey and Kim Butler**

**Parish–School Partnership in building communities of belonging**

The critical role of parish and school working together to build connection, welcome, trust and belonging with families/children/young people.

**Fr Junray Rayna**

**Building communities of belonging – local strategies in practice**

Examples of practices that are in use in our Diocese.

**Dr Chris Cotter and Team**

**Welcome, hospitality and belonging in Scripture**

The essential and foundational role of welcome, hospitality and belonging in the biblical narrative.



Catholic Diocese of Sandhurst

# Children's Liturgy of the Word



25th Sunday in Ordinary Time

21 September 2025 - Year C

*"You cannot be slaves both of God and of money."*

## Something to Think About

What are some ways that people can serve God? As you go about your day, how do you show your love for God?

## The Story

In today's gospel story, Jesus calls the disciples to think about their priorities, about the things that are most important to them. He warns the people that if they focus too much on money and wealth, then they won't be able to serve God well. Jesus tells the disciples, as he tells us, that we need to make a choice about what is most important in our lives... and we need to put God first.

## The Scriptures

*A reading from the holy Gospel according to Luke* (16:10-13)

Jesus said to his disciples:

"Anyone who can be trusted in little matters  
can also be trusted in important matters.

But anyone who is dishonest in little matters  
will be dishonest in important matters.

If you cannot be trusted with this wicked wealth,  
who will trust you with true wealth?

And if you cannot be trusted with what belongs to someone else,  
who will give you something that will be your own?

"You cannot be the slave of two masters.

You will like one more than the other  
or be more loyal to one than to the other.  
You cannot serve God and money."

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

## Group Discussion

Who is God for you? Invite the children to share their ideas and images of God.  
You can also share your own image of God with the children.

## Praying For Others

*Leader:* Let us pray now for the leaders of our Church, our world, for those in our community and for our own needs.

*Reader 1:* We pray for leaders who are honest. Lord hear us.

**All: Lord hear our prayer.**

*Reader 2:* We pray for sad and lonely people. Lord hear us.

**All: Lord hear our prayer.**

*Reader 3:* We pray that we will serve God with our whole heart. Lord hear us.

**All: Lord hear our prayer.**

*Reader 4:* We pray that we will value things that truly matter. Lord hear us.

**All: Lord hear our prayer.**

*Reader 5:* We pray that we may learn to love like Jesus. Lord hear us.

**All: Lord hear our prayer.**

*Reader 6:* We pray for our own needs. *(Invite the children to pray for their own special intentions).* Lord hear us.

**All: Lord hear our prayer.**

*Leader:* Loving God, listen to the prayers we make in the name of Jesus.

**All: Amen.**

## Prayer



Dear God,  
Teach us to put our energy into  
things that will make us  
truly happy.  
Help us to stay close to you always.  
Amen.

## Video (optional)

Click to watch the video: [Driven by Purpose](#)



## Group Activity (optional)

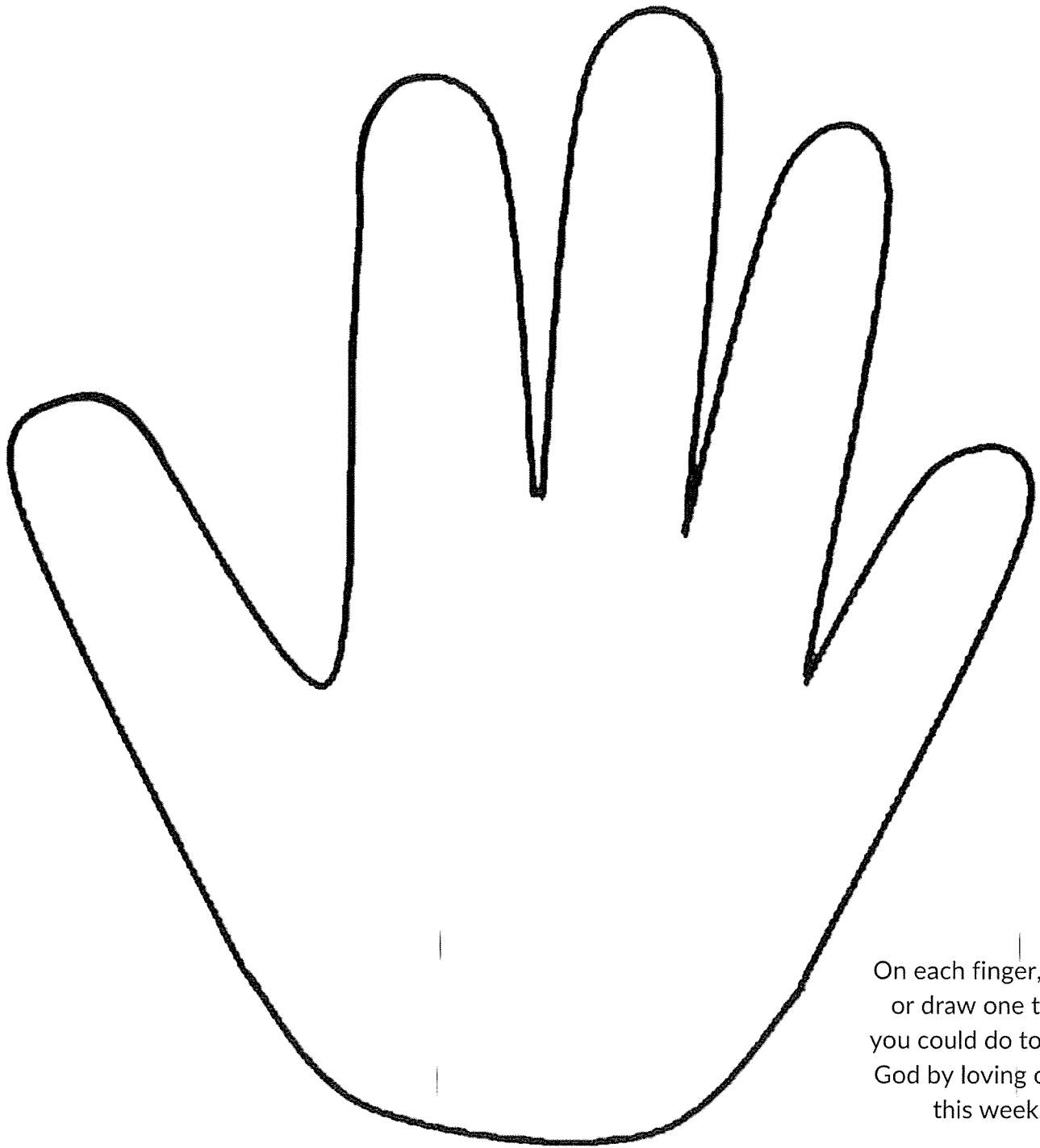
### SERVE GOD BY SERVING OTHERS

*You will need: a template for each child, coloured markers.*

1. Talk to children about ways in which they can serve God by doing loving, generous things for others.
2. Encourage children to write or draw one kind action on each of the fingers of the hand template.
3. Encourage children to place this somewhere they can see it at home, to remind them to serve God this week.



WHEN I SERVE OTHERS,



On each finger, write  
or draw one thing  
you could do to serve  
God by loving others  
this week.

I SERVE GOD.

## A STORY ABOUT PINOCCHIO

Once upon a time, there was a carpenter who made wooden toys for the children of his village. His name was Geppetto. One day, he made a wooden puppet. As soon as he had finished, the puppet began to dance and sing. Geppetto called him Pinocchio.

The next day, Geppetto said, 'You must go to school.' On his way, Pinocchio wandered here and there. He stopped to see a puppet show. He began dancing with the puppets. The boss paid Pinocchio five gold coins and said, 'Give these to your father.'

When he got home, Pinocchio made up stories about school and did not tell his father where he had been or about the five coins he had earned. That night he noticed his nose had grown quite long.

Next day on the way to school, Pinocchio met a cat and a sly fox. They told him if he planted the coins under a tree, they would grow into a money bush. So Pinocchio planted the coins in the ground. But while he was asleep under the tree, the cat and the fox took the coins and ran away.

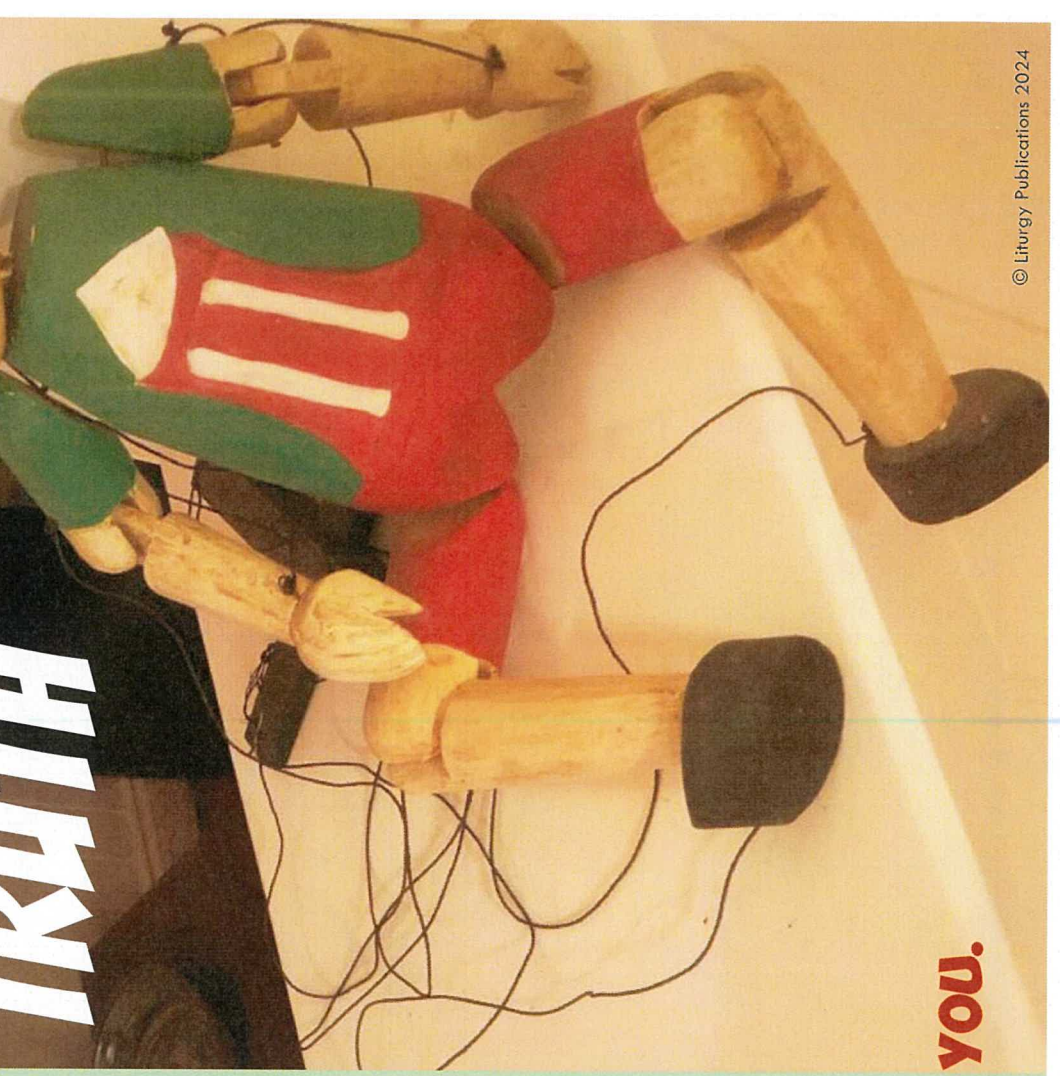
Pinocchio was crying about the coins he had lost, when a kind blue angel asked him what was wrong. Pinocchio began making up a story that was not true. But again this strange thing happened. The more he spoke and the more lies he told, the more his nose grew longer and longer.

The blue angel took him home but his nose was so long that he could not fit through the door. Geppetto came out to see him, and Pinocchio told him the whole story. He told the truth. He told his father he did not go to school but went to a puppet show. He told his father about the gold coins and how they had been stolen by the cat and fox. He said to his father that he had told lies to the blue angel.

As he spoke the truth, his nose grew shorter and shorter until it was back to its normal size. Geppetto and Pinocchio gave each other a hug. Pinocchio worked hard at school and made his father soup when he was sick. Together they lived happily ever after.

*Jesus said, "Anyone who can be trusted in little things can also be trusted in important matters."*

# PINOCCHIO: TELL THE TRUTH



**ASK SOMEONE TO READ THIS STORY TO YOU.**

# Along the track

## Rest

One of the earliest images of God the Bible offers is the story about God walking around the garden when the cool evening breezes were blowing, talking with those God has just created. It's a story of contrasts, firstly about an all-powerful God who can create out of nothing but then it is a story about a God who enjoys company, who stops to rest and wander in the garden, to breathe in the damp, fragrant evening air, to delight in friendship and conversation. It's also a story about the gift of creation and what can be done with it by the creativity of a gardener's hands and labour and how they can take the gifts of water and soil and sunlight and use them to make a garden. In other words, what's the point of creation if it cannot be used and enjoyed, what's the point of companionship, friendship if we do not take time to nourish them and enjoy them?

The commandment to keep holy the Sabbath day is more than just about prayer and worship. It is also a reminder of this creation story. It is about making sure that we have Sabbath times in our lives so that we can rest and re-create body and soul and take time to enjoy creation and companionship. Jewish people describe that idea in the expression 'practising shavat'. That is where the word Sabbath comes from. Sabbath was meant for everyone, including their servants and animals and the immigrants or slaves who came to work there.

Every fifty years as part of the law given by Yahweh, the Israelites enjoyed a Jubilee year. The Jubilee year required that the land lie fallow and people rested, and all those who were in slavery were set free to return to their communities and debts were forgiven. The Jubilee reset as it were, was a collective form of rest. It sought to ensure that the people lived in ways that reflect good relationships with God, with each other, and with creation. It was designed to ensure that we cared for each other and for creation.

But for so many today, finding time to rest is becoming increasingly difficult. Work seems to consume every waking moment, often because so many must work two or more jobs to make ends meet. The pace of life is not set for rest and renewal especially when we have immediate access to so much – information, goods delivered to our door, phone calls and social media requiring immediate response. Finding time to nurture relationships, to build friendships is not always easy. Not working for a year or letting the land lie fallow is not an option!

There are so many who work for poor return, long hours in the difficult conditions. Many are the modern slaves.

It may well be a time for a modern Jubilee reset. Rest is precious, a necessary part of life. That is the lesson of Genesis where we become more conscious of how God reaches out to each of us in friendship and how we nurture that. It means being more conscious of the beauty and wonder of creation and our power to care for it or destroy it. It means being more conscious that we are not meant to be alone but to live in community and for community. It means supporting workers in their quest for decent pay and conditions so they don't have to work so often and for so long. There are so many who work long hours for little pay, in the hot kitchens of our restaurants, delivering our meals, working endlessly just to survive. It means campaigning against companies that exploit workers, and investigating supply chains that use slavery and exploited labour to produce their products.

In the words of Pope Francis:

*If we learn to truly rest, we become capable of true compassion; if we cultivate a contemplative outlook, we will carry out our activities without that rapacious attitude of those who want to possess and consume everything; if we stay in touch with the Lord and do not anaesthetise the deepest part of ourselves, the things to do will not have the power to cause us to get winded or devour us. We need — listen to this — we need an "ecology of the heart," that is made up of rest, contemplation and compassion.*

Paradoxically, there is a lot of work to be done if we are all to find rest. But it is possible, in fact it is necessary. Rest has been robbed from so many of us, and we need to work to get it back.

Regards  
Jim Quillinan

Email: [jquillinan@dcsi.net.au](mailto:jquillinan@dcsi.net.au)