



BECOMING A MENTOR

Mentors come from all walks of life and bring a rich variety of life experiences to our young people. We're not looking for people with professional skills or even experience with mentoring. We look for mentors who enjoy the company of young people; have empathy and good listening skills; have the confidence to lead conversations and can adapt to different people from different backgrounds.

We're looking for mentors who can give an hour each week to their mentee which can be spent doing a variety of activities such as sport, art and craft, fishing, walking or simply sitting down for a coffee and chat.

All mentors are screened to ensure suitability for the program including Working with Children's check, National Police Check, a selection interview and training.

ELIGIBILITY

- › Over 18 years old
- › Successful National Police Check
- › Successful Working with Children's Check
- › Availability to attend two days of induction training
- › Availability to spend one hour per week with a mentee for a minimum of six months

REGISTER YOUR INTEREST TO BECOME A GEM MENTOR

Visit our website to complete a registration form.
www.workways.com.au/our-programs/gippsland-engaged-mentoring/

CALL US: 1800 631 196

Email: gemprogram@workways.com.au



WW WORKWAYS

The GEM program is proudly supported by the Victorian Government



BECOME A YOUTH MENTOR

GIPPSLAND ENGAGED MENTORING PROGRAM

SUPPORTING YOUNG PEOPLE
IN NEED IN GIPPSLAND



WW WORKWAYS



WHAT IS THE GIPPSLAND ENGAGED MENTORING (GEM) PROGRAM?

The GEM program provides young people who may be at risk of disengagement from school or their community with connection to a volunteer adult mentor for an hour each week giving friendship, encouragement and support.

Mentors provide young people with focused time to listen to their concerns and assist them to develop confidence, as well as a break from their day-to-day lives in a safe and secure environment.

HOW DO WE SUPPORT YOU?

The Workways team provide extensive training and support for volunteers both during induction and throughout your time as a mentor. In addition we provide:

- › Professional development opportunities
- › Group mentoring activities and events
- › Group celebrations such as Youth Week, Volunteer Week and Mental Health Week
- › 'Fun Day' activities for mentors and mentees to promote positive physical and mental health
- › Dedicated staff to provide support and advice as needed

HOW DOES THE GEM PROGRAM HELP YOUNG PEOPLE?

Young people on the GEM program are identified by their school or other support services as being 'at risk' or needing a 'significant other' in their lives to help guide them through young adulthood. Participants have different experiences and backgrounds, so it is important that they are matched to the right mentor for their circumstances.

Mentoring aims to positively impact young people by:

- › Increasing self-esteem and confidence
- › Improving relationships with peers and family
- › Reducing feelings of isolation and supporting a sense of belonging
- › Promoting connection with the local community
- › Improving school retention and attendance

WHAT TO EXPECT WHEN YOU REGISTER AS A MENTOR



REGISTER

Register your interest via our website or phone



WE CONTACT YOU

One of our team members will contact you to set up an appointment



GET TO KNOW YOU

At your appointment, the team will get to know you and begin matching mentors with mentees



MENTOR TRAINING

You'll receive training prior to commencing mentoring. This will include First Aid, Mental Health Training etc.



MEET UP / ACTIVITIES

Once you have completed the training, you will meet with your mentee to set up time / day / activities you'd like to do together



WEEKLY CATCH UPS

You'll then catch up regularly each week



GEM YOUR WAY

You can stay in the GEM program for as long as needed



ONGOING SUPPORT

Our GEM team will ensure you'll be supported along the way

