



**Dandenong Ranges & District Swimming
Association Inc. (Est. 1958)**

METRO EAST JUNIOR DISTRICT SELECTION TRIALS

Sunday 21st September 2025

Aquanation Ringwood

Pool Entry and Warm Up: 1:00pm Events Start: 2:00pm

PROGRAM OF EVENTS

Event No.	Event	Event No.	Event
1	Girls 11 Year Olds 50m Butterfly	25	Mixed 8-11 Year olds 50m Breaststroke MC
2	Boys 11 Year Olds 50m Butterfly	26	Girls 11 Year Olds 50m Breaststroke
3	Girls 10 Year Olds 50m Butterfly	27	Boys 11 Year Olds 50m Breaststroke
4	Boys 10 Year Olds 50m Butterfly	28	Girls 10 Year Olds 50m Breaststroke
5	Mixed 8-11 Year olds 50m Butterfly MC	29	Boys 10 Year Olds 50m Breaststroke
6	Girls 9 Year Olds 50m Butterfly	30	Girls 9 Year Olds 50m Breaststroke
7	Boys 9 Year Olds 50m Butterfly	31	Boys 9 Year Olds 50m Breaststroke
8	Girls 8 Year Olds 50m Butterfly	32	Girls 8 Year Olds 50m Breaststroke
9	Boys 8 Year Olds 50m Butterfly	33	Boys 8 Year Olds 50m Breaststroke
10	Girls 11 Year Olds 50m Backstroke	34	Mixed 8-11 Year olds 50m Freestyle MC
11	Boys 11 Year Olds 50m Backstroke	35	Girls 11 Year Olds 50m Freestyle
12	Girls 10 Year Olds 50m Backstroke	36	Boys 11 Year Olds 50m Freestyle
13	Boys 10 Year Olds 50m Backstroke	37	Girls 10 Year Olds 50m Freestyle
14	Mixed 8-11 Year olds 50m Backstroke MC	38	Boys 10 Year Olds 50m Freestyle
15	Girls 9 Year Olds 50m Backstroke	39	Girls 9 Year Olds 50m Freestyle
16	Boys 9 Year Olds 50m Backstroke	40	Boys 9 Year Olds 50m Freestyle
17	Girls 8 Year Olds 50m Backstroke	41	Girls 8 Year Olds 50m Freestyle
18	Boys 8 Year Olds 50m Backstroke	42	Boys 8 Year Olds 50m Freestyle

This Meet forms the selection trials for the team to represent Metro East District at the Victorian Metro Junior District Competition at MSAC on Saturday 25th October 2025

The top 10 swimmers in each event will qualify for the Metro East team.

Parents of qualifiers will be required on the day to complete an “Availability to Compete & T-Shirt Order Form”



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TERMS AND CONDITIONS OF ENTRY

1. Meet will be conducted under the rules of Swimming Australia Ltd and Swimming Victoria.
2. SV enforce swim suit restrictions for 11/U swimmers at the Metro Junior District competition. Failure to meet these requirements will be enforced through disqualification. This rule will not be enforced at our selection trials.
3. All participants must be registered as a 25/26 Swimmer with a Metro East District affiliated club.
4. Swim Central entries only will be accepted.
5. **Age as at 25th October 2025**, date of the Metro Junior District Competition.
6. Swimmers under 8 years are not eligible to enter.
7. Entry fee: \$10.00 per event.
8. **Entries close Sunday 14th September 2025** unless meet reaches capacity earlier. Late entries will not be accepted.
9. Refund of entry fees will only be provided if an entry is rejected.
10. Team Manager entry file for club use only is available on request.
11. Pool entry is free for all spectators and swimmers.
12. Warm up/cool down lanes will not be available during the meet.
13. Programs will be available for download from the Metro East website by Thursday prior to the meet <https://metroeast.swimmingclub.org.au/>
14. **The 10 fastest swimmers in each event (not heat)** qualify to represent Metro East District at the Victorian Metro Junior District Competition to be held at MSAC on 25th October 2025.
15. **Swimmers who qualify to represent District at Finals for individual or relay events, and then withdraw or not show on the day without a valid medical reason will be excluded from the next District Competition at the discretion of the District Selection Committee**
16. Qualifiers will receive a team information sheet on the day. Those who compete in the finals at MSAC will also receive a district T-shirt and cap.
17. Please direct any enquiries to east.meets@hotmail.com