



Clayfield College Tennis Program

Lifetime Tennis is excited to announce its partnership with Clayfield College commencing in term 1 – 2022. Lifetime Tennis and Clayfield College have a rich and successful history together and we are pleased to announce a range of programs to commence in 2022. We can't wait for you to come and experience the Lifetime difference!

Coaching Team

Matt Limpus: Qld Coach of the year 2012. Coach Developer for Tennis Australia past 10 years. Presenter at Grand Slam coaches conference in both development and performance coaching 2019 and 2020. Coached a number of internationally ranked players including past Clayfield pupils Naiktha Bains, Ashling Sumner and Roopa Bains.



Gary Stickler: Australian Coach of the year 2005-2006. Qld Coach of the year 1999, 2001, 2002, 2005, 2008, 2015. Former Qld Director of Coaching. Coached a number of internationally ranked players including Pat Rafter, Scott Draper and John Millman.

Scott Poudziunas: International coaching and playing experience. Winner of 13 international tournaments. Career high world ranking of 891 in singles and 171 in doubles.



Steven de Waard: International coaching and playing experience. Winner of 14 international tournaments. Career high world ranking of 707 in singles and 124 in doubles.



CLAYFIELD COLLEGE

Committed to Excellence

PROGRAMS

Hot Shots and Total Tennis Coaching

A fun “learn through play” term program that integrates tactics, technique and movement skills to accelerate players improvement.

Term 1 2022

Lesson Times: *Monday, Wednesday and Friday afternoons.*

<i>Pre-prep</i>	<i>2:45-3:30pm</i>
<i>Prep, grade 1 and grade 2</i>	<i>3:15-4:00pm</i>
<i>Grades 3-12</i>	<i>3:30-4:15pm</i>

Lesson Costs: *\$20.65 (billed per term) – maximum class size of 6. 10% discount for multiple sessions.*

Pro Tennis

A term program for players wishing to become the very best they can be that integrates tennis tactics, technique, fitness and psychology individualised to your game to give you a competitive advantage.

Lesson Times: *Monday, Tuesday, Wednesday, Thursday, Friday mornings*

6:00-7:30am

Lesson Costs: *\$66 (billed per term) – maximum class size of 4. Discounts for Lifetime Tennis members attending multiple sessions.*

Private Lessons

Individual attention and a complete focus by the coach on your game.

Lesson Times: *morning or afternoon by appointment*

Lesson costs:	<i>30 min</i>	<i>\$59.50</i>
	<i>45 min</i>	<i>\$85.00</i>
	<i>60 min</i>	<i>\$110.00</i>

10% discount for Lifetime Tennis members.



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Committed to Excellence

Excellence Programs

High Performance Hitting Sessions

Work on your game with state and nationally ranked players.

Session Times: *morning or afternoon by appointment*

Session costs: *Junior Hitter 45 mins \$45*

Senior Hitter 45 mins \$65

Elite Sport Program – Tennis

The elite sport program is a unique offering for emerging elite athletes in years 6-12. Inclusion into the ESP is based on results at regional, state and national level competitions. The ESP offers a personalised pathway to allow both sporting and academic success. Each student is given a personalised timetable based on their individual needs which may include some training during school hours.

Tennis Brisbane Saturday Super League

A weekly tennis competition played on the north side of Brisbane. Nominate a team with your friends or let Lifetime Clayfield organise a team for you. Season 1 runs from February – July (during term 1 and 2).

Competition Times: 2-5:30pm Saturday afternoons

Competition Costs: Registration for the season is \$85 per player with a weekly match fee of \$21 - \$23 depending on your division.

For all enquiries and enrolments, please contact Matt Limpus

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Ph: 0419 789 953

www.lifetimetennis.com.au