



**yarra.**  
FAMILY, YOUTH &  
CHILDREN'S SERVICES

# Return to Work.

RETURNING TO WORK AFTER PARENTAL LEAVE

## ONLINE VIA ZOOM

**Presented by Frances Bilbao, Clinical Psychologist and founder of Mums Matter Psychology group**

This webinar is designed for women returning to work (RTW) after parental leave, and those looking to enter or re-skill after a period away from paid work.

## This session covers

- How the experience of RTW can differ between women
- Dealing with changing emotions as you prepare to re-enter the workforce
- Foster positive experiences for your child through this period of change
- Strategies for work life balance

## DATE

**Thursday 25 May 7.30pm**

## TO REGISTER OR LEARN MORE

Visit our parenting page via the link or QR code.

<https://www.yarracity.vic.gov.au/services/family-and-children/parenting-and-support-services>



Parenting Education



## Contact us

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**National Relay Service**

TTY 133 677 then (03) 9205 5055

**Languages**

العربية 9280 1930

中文 9280 1937

Ελληνικά 9280 1934

Italiano 9280 1931

Español 9280 1935

Tiếng Việt 9280 1939

Other 9280 1940

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