



Canteen Menu

ALL ORDERS SHOULD BE ON A PAPER BAG - NO STAPLES - AND PLACED IN LUNCH CRATE IN CLASS EACH MORNING. PLEASE ADD 10CENTS TO YOUR ORDER IF PAPER BAG REQUIRED.

MONDAY

Chicken Nuggets	\$ 0.80
Sauces: Tomato, BBQ & Sweet & Sour	0.20
Noodles BEEF OR CHICKEN	2.00
Toasted Wholemeal Wraps	
Ham / Cheese / Spinach	3:70
Chicken / Cheese / Spinach	4:00

TUESDAY

Lasagna	\$ 3.20
Macaroni & Cheese	3.20
Twista (Pasta with Bolognese Sauce)	3.20
Hot Ham and Cheese Rolls	3.30
Hot Chicken & Mayonnaise Rolls	3.70
Hot Chicken with Cheese & Mayonnaise	3.90

WEDNESDAY

Pizza	\$ 2.80
Margherita / Supreme / Ham & Pineapple	
Steamed Dim Sims (with or without Soy Sauce)	0.90
Corn	0.90
Toasted Wholemeal Wraps	
Ham / Cheese / Spinach	3:70
Chicken / Cheese / Spinach	4:00

THURSDAY

Hot Dogs (White Rolls with Hot Dogs)	\$ 3.20
Hot Dogs with grated cheese	3.40
Sauce: Tomato	0.20
Hot Dog – No Bread	2.00

FRIDAY

Pies / Pasties	\$ 3.00
Party Pies	0.90
Sausage Rolls	2.20
Sauce: Tomato	0.20
Fried Rice	3:20

DRINKS – AVAILABLE EVERY DAY

Orange Juice	\$ 1.30
Milk - Chocolate / Strawberry	2.00
Water (bottled)	1.20
UP AND GO Chocolate, Strawberry or Banana	2.00

SANDWICHES & ROLLS AVAILABLE EVERYDAY

Please note:		
Wholemeal bread unless white requested. Butter will not be put on sandwiches or rolls unless requested		
	SANDWICH	ROLL
Salad Lettuce, tomato, carrot, cheese	\$ 3.00	\$ 3.20
Salad with Ham	3.50	3.70
Salad with chicken & mayonnaise	3.80	4.00
Ham & Cheese	3.00	3.20
Ham	2.80	3.00
Chicken with mayonnaise	3.30	3.50
Chicken/Lettuce/Mayonnaise	3.50	3.70
Vegemite	2.00	2.20
Vegemite & Cheese	2.20	2.40
Cheese	2.00	2.20
Tuna	2.80	3.00
Tuna, tomato, lettuce	3.20	3.40
Beetroot	0:20	0:20
Cucumber	0:20	0:20
Buttered Bread	0.80	1.00

OTHER ITEMS - AVAILABLE EVERY DAY

Plain Popcorn	\$ 1.40
Delites Rice Cracker - Sour Cream & Chives	0.90
Mainland Cheese & Crackers	1.80
Fresh Fruit – Apple or Banana	1:00
Salad Tub	
S – 280ml	1.50
lettuce, tomato, grated carrot	
M – 440ml	2.00
Salad Dressing – Italian Vinaigrette	0.20
Hummus Dip & Vegie Sticks	3:00
Avocado Dip & Vegie Sticks	3:00

ICY POLES & YOGHURT - AVAILABLE EVERY DAY

Quelch Fruit Sticks Icy pole	\$ 0.90
Bulla Frozen Fruit Yoghurt	
Raspberry / Strawberry / Mango	1.50
Yoghurt Danone – Vanilla or Red Berries	2:00

Volunteers urgently needed.

If you are able to help out, please contact the canteen manager 9369 2581 10am – 2pm weekdays.