







24 for 35 Pilates Marathon

mhealth is celebrating World Pilates Day

by holding a 24 hour Pilates Marathon from 12pm on Friday 5th May to 12pm on Saturday 6th May 2017 for the benefit of the Alannah & Madeline Foundation.

The marathon aims to pay tribute to the 35 lives lost at the **Port Arthur massacre in April 1996.** We are welcoming all people and businesses in the Mentone, Parkdale, Beaumaris and Black Rock shopping precincts to be involved by coming and supporting in what ever way possible.

Head to this page to donate https://give.everydayhero.com/au/24-for-35-mhealth-pilates-marathon

HELP US SMASH OUR GOAL of \$10,000

24 hours of Pilates from a community like ours can make a difference!



Our community joining together in physical activity can help the Alannah & Madeline Foundation with its great work with children Australia-wide.

Contact mhealth and get involved to help our community's children and also to promote our strong business community values.