



A Focus on Child & Youth -Mental Health & Wellbeing Webinar

VIA ZOOM

The webinar will cover:

- Identifying behavior's that an anxious or depressed child may exhibit.
- Identifying what are common responses to the current crisis as opposed to a child developing a mental health issue due to the crisis.
- Development of strategies to assist children coping with their mental health (and specifically around COVID19 and its effects on society, family, friends).
- Awareness of in using a strengths based approach with children.
- An Introduction to emotion coaching children.
- How to support children/ young people.
- What to say/do and what not to say/do.
- Handout Referral sources – handout.

Presented by:
Romy Pritchard
RDP Enterprise Solutions



This webinar is suitable for all EdConnect volunteers, those volunteering with young people or those considering volunteering.

Dates:

- Wednesday 22 July, 2pm - 4pm (AWST)**
- Thursday 13 August 10am-12pm (AWST)**
- Thursday 10 September, 1pm-3pm (AWST)**
- Monday 5 October 1pm-3pm (AWST)**

limited places available

register
by clicking
your
preferred
date

made possible
thanks to

