

TO REGISTER PLEASE CALL MASTER BYRON KENDALL OR JESSICA KENDALL
0418341186 or 0426504123

SELF DEFENCE SEMINAR

WEDNESDAY 4TH DECEMBER 2019

SCORESBY COLLEGE 2 CAVELL ST

DOORS OPEN AT 6.30 PM FOR A 7PM SHARP START--- WEAR TRACKSUIT/SHORTS

STUDENTS PLEASE WEAR YOUR DOBOK -- LIGHT REFRESHMENTS PROVIDED—COST \$10

**IF YOU WERE SUDDENLY FACED WITH DANGER WOULD
YOU HAVE THE ABILITY TO DEFEND YOURSELF?**

COME AND JOIN SCORESBY TAEKWONDO FOR OUR ANNUAL SELF DEFENCE SEMINAR AIMED AT GIVING YOU THE CONFIDENCE AND SKILLS TO DEFEND YOURSELF IN A SAFE, FUN AND FRIENDLY ENVIROMENT. NO PREQUISITES ARE REQUIRED AND PEOPLE OF ANY AGE OR FITNESS LEVEL ARE INVITED.

