

Stevenson House

Caroline Springs | Neighbourhood House Program October - December 2018



LIFELONG LEARNING FESTIVAL

5 – 7 OCTOBER 2018

The Melton Lifelong Learning Festival is a three day celebration of all that is lifelong, life-deep and life-wide learning.

Friday 5 October 9.30am – 2.30pm
Upcycle and Repurpose

Friday 5 October 10am – 2pm
Family Bike Education

Saturday 6 October 10am – 2pm
Commuter Cycling

Saturday 6 October 10.30am – 1.30pm
Essential Oils & Skincare

Sunday 7 October 11am – 2pm
Pasta Making

BOOKINGS ESSENTIAL AS PLACES ARE LIMITED!

For more information and bookings visit:
meltonlearning.com.au/festival



SENIORS FESTIVAL OCTOBER 2018

Join in all the fun of the Seniors Festival as we celebrate the best of living well and ageing well across the City of Melton City Council. For more information visit melton.vic.gov.au/seniorsfestival or call 9747 7200



Bread Making Workshop

Tuesday 23 October
10.30am – 12.30pm
Bookings Essential – Call Stevenson House 9363 5137 or online meltonlearning.com.au

Join us for this FREE bread making workshop and learn how to bake two types of delicious bread – sourdough and ciabatta. Perfect for those who would like to learn more about the skills and techniques involved in bread making.

First Aid for Seniors

Thursday 25 October
10.30am – 12.30pm
Bookings Essential – Call Stevenson House 9363 5137 or online meltonlearning.com.au

In this FREE 2 hour course you will learn to recognise and manage emergency situations – chest pain, choking, stroke, diabetes, falls. How to assist getting off the ground, fractures – mainly focussing on hips.



Stevenson House
10 Stevenson Crescent, Caroline Springs
P: 9363 5137
E: stevensonhouse@melton.vic.gov.au



Stevenson House

Caroline Springs | Neighbourhood House Program October - September 2018

Textiles

Sewing for Everyone	Come and join a class that will suit all levels of sewing ability. From beginners to more experienced, or for those who may just be looking for a little help with a project. Learn how to read patterns, sew zips, buttonholes, hems and other sewing techniques all in a fun and friendly environment. Participants will work on different projects tailored to their skill level.	Monday 8 October – 10 December 7:00pm – 9:00pm	\$120.00 plus materials (10 classes)
		Wednesday 10 October – 12 December 7:00pm – 9:00pm	\$120.00 plus materials (10 classes)
		Friday 19 October – 14 December 10:00am – 12:00pm	\$108.00 plus materials (9 classes)
Let's Crochet Together	Come and join this friendly group and learn to crochet with others. Beginners welcome.	Thursday 11 October – 13 December 10:00am – 11:00am	\$60.00 (10 classes)
Social Sewing Group	Do you want some company whilst you work on a sewing project? Join this group of like-minded people. Experienced sewers only.	Tuesday 9 October – 11 December 10:00am – 1:00pm	Free
Springs Stitchers	Join in to indulge in knitting, patchwork, dressmaking, crocheting, tapestry, cross stitching, sewing, or just want to sit and chat. Brenda - stitchersgroup@gmail.com	Second and Fourth Thursday 7:30pm – 9:30pm	\$5.00 annual insurance and \$5.00 per session
More Time for Card Making	Any new or unfinished card making projects. Come and join a group of enthusiastic people for a day of card making. Bring your own projects. BYO lunch if necessary. Jacqueline 0401 666 672	Friday 12 October 16 November 10:00am – 3:00pm	\$5.00 BYO project and equipment

Cooking

Thai Cooking	In this hands-on Thai cooking course you will learn to create traditional Thai dishes from fresh ingredients.	Tuesday 13 November – 27 November 10:00am – 1:00pm OR 6:00pm – 9:00pm	\$60.00 (3 Classes)
--------------	---	--	------------------------



Refunds (Neighbourhood Programs)

If participants withdraw from a program, a refund will only be considered where the participant provides special circumstances in writing, 5 working days prior to the start date of the program.

- If, at its discretion, Melton City Council decides to allow a refund, an Administration Fee of \$10 will be retained.
- Refunds will not be given should a participant miss a session or sessions, nor will the session/s be made up by the tutor.

Stevenson House

Caroline Springs | Neighbourhood House Program October- December 2018

Children

*NEW Robotic Programming	Coding workshops for primary aged children – educational, engaging and fun.	Ozobots – (4 – 10 year olds) Saturday 17 November 10.30am – 12pm	\$25.00 per workshop
	Ozobots is coding without a device, using textas and paper.	mBots – (5 – 14 year olds) Saturday 20 October 1pm – 2.30pm	\$25.00 per workshop
	mBots uses scratch based drag and drop block coding. Easy to learn and play.	Lego EV3 – (Ages 8+) Saturday 17 November 1.00pm – 3.00pm	\$25.00 per workshop
Lefo EV3 use iPads to code via drag and drop graphical programming.			
*NEW Junior Yoga (7-13 year olds)	An introductory class of yoga for boys and girls. A sensory environment allows you to explore body movement and develop physical, social and emotional wellbeing.	Wednesday 17 October – 5 December 4:00pm – 4:45pm	\$80.00/\$70.00 (8 classes)
Art 4 Krafty Kids (5-7 year olds)	Children will develop skills and confidence in drawing, painting, craft and sculpture. <i>Children must be accompanied by a carer, who will need to stay in class.</i>	Thursday 18 October – 13 December (No class 25 October) 4:00pm – 5:30pm	\$88.00/ \$80.00 (8 classes)
Art 4 Kids (8-12 year olds)	Children will experience and develop skills in a number of different art forms. Classes are designed for fun and to build children's confidence. Bring along your art smock.	Monday 15 October – 3 December 4:00pm – 5:30pm	\$88.00/\$80.00 (8 classes)
Craft 4 Kids	Calling young textiles enthusiasts to join this class and learn basic skills in looming, crocheting, knitting and more.	Tuesday 15 October – 11 December (No class 6 November) 4:00pm – 5:30pm	\$88.00/\$80.00 (8 classes) plus materials
Sewing for Teens (12–15 year olds)	No experience required to learn basic sewing techniques. Suitable for kids 12 -15 years old. <i>Sewing machines provided.</i>	Friday 19 October – 14 December 4:00pm – 6:00pm	\$108.00 (9 classes) Plus materials
*NEW Gingerbread Workshop	Come and learn to make a Gingerbread person and decorate it as well. Suitable for ages 7and over	Tuesday 11 December 4:00pm-6:00pm	\$15.00 (1 class)
*NEW Mini Fruit Cupcakes	Come and learn to make your own Fruit Cupcakes and decorate them as well. Suitable for ages 7and over	Tuesday 18 December 4:00pm-6:00pm	\$15.00 (1 class)
Cooking for Kids	Children will learn how to cook simple recipes using fresh ingredients in a fun environment.	Wednesday 14 November – 5 December 4:00pm – 6:00pm	\$68.00 (4 classes)



Stevenson House

Caroline Springs | Neighbourhood House Program October - December 2018

Wellness/Fitness

Women's Yoga - All levels	Improve your health and well-being by toning your muscles, increasing suppleness, improving concentration and relieving stress.	Monday 15 October -10 December 11:45am -12:45pm OR 1:00pm – 2:00pm	\$90.00/ \$80.00 conc. (9 classes)
Yoga for Seniors	Designed specifically for seniors. The class size is small and allows each individual to increase their flexibility and strength at their own level.	Thursday 11 October – 13 December 5:00pm-6:00pm	\$40 a term or \$4 per class
Meditation Classes	Sahaja Yoga Meditation promotes mental, physical and emotional balance. Held at Caroline Springs Library	Monday 8 October – 17 December 10:00am – 11:00am	Free
Stevenson Walkers	Join our walking group. Great way to meet new people whilst getting active. Suitable for all ages and abilities, prams welcome. Stop in for a cuppa afterwards.	Tuesdays 9 October – 18 December 9.00am – 10.00am	Free

Other

Gardening Group	Come along and meet like-minded people who are interested in growing or want to grow, their own fruit, vegetables and herbs. Suitable for beginners through to well-seasoned gardeners.	Wednesday (1 st , 2 nd 4 th and 5 th week only.) 10 October – 12 December 10:00am – 11:30am	Free
Beginners English Class	Learn and improve your confidence in speaking, reading and writing English. Class is encouraging and friendly, and suitable for everyone wanting to improve their English.	Tuesdays (school terms) 11:00am – 3:00pm Held at Caroline Springs Library	Free
*NEW Cuppa, Chat n' Share	Are you feeling a little isolated or maybe like to make new friends? Come and share a cuppa and/or maybe even a bikkie. You might find things of interest of, maybe have a recipe to share. Come and just sit and chat and relax in our nice warm centre.	Thursday 11 October – 13 December 10.00am – 11.30am	Free

ENROLLING IN A PROGRAM

BOOK ONLINE

meltonlearning.com.au

MORE INFORMATION

9363 5137 or 9747 7200 melton.vic.gov.au/stevensonhouse



Stevenson House
10 Stevenson Crescent, Caroline Springs
P: 9363 5137
E: stevensonhouse@melton.vic.gov.au

