



Understanding Tears and Tantrums



Gain a better understanding of children's emotions and learn how to confidently and lovingly handle their emotional moments.

This evidence-informed three week workshop presents the Parenting by Connection approach and will give parents information about child development, why children tantrum over the smallest of things, provide you with three tools to support your child's resilience and connection, and the science behind crying.

Event Details

- When** Thursdays- 4th June, 11th June, 18th June 10am-12noon
- Where** Melville Virtual Community Centre – online using Zoom
- Cost** Free, with a \$10 materials fee payable via bank transfer.
- Note** Not suitable for little ears - you will need a quiet space to access the call. Maximum of 8 participants. Please book by emailing Belynda.smith@meerilinga.org.au

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