

Summer Menu

Effective as at 14 October 2021

All orders must be placed by 9.00am

Keep an eye out for weekly specials on the board outside the canteen and on the school Facebook page. Dietary requirements can be considered, have a chat with Bev.

White Gum Valley Primary School follows the Healthy Food & Drink Policy and Traffic Light System.

Green items are every day choices and Amber items should be consumed in moderation. • Green Light • Amber Light

GFO Gluten Free Option GF Gluten Free V Vegetarian. Tomato sauce, soy sauce and GF soy sauce available at the canteen.

Recess BROWN BAG

• Cheesie	\$2.00
• Popcorn (small bag)	GF \$0.50
• Apple Slinky	GF \$1.00
• Yoghurt with fruit	GF \$1.50
• Fruit kebab	GF \$1.50
• Chocolate Muffin	GF \$1.50

Drinks

• Fruit Smoothie	GF \$2.50
• Hi-Lo Milk	GF \$1.50
• Warm Milo	\$1.50
• Fruit Juice	GF \$1.50

Lunch WHITE BAG

• Nachos with baked beans, sour cream, salsa and cheese	GF, V \$5.00
• Toasted Baked Bean Jaffle with cheese	GFO, V \$4.00 GFO, V \$4.50
• Wraps or Sandwiches (sandwiches prepared fresh with wholemeal bread, GF available)	
One filling	\$3.50
Two fillings	\$4.00
Three fillings	\$4.50
Choose from: baked beans, sour cream, ham, cheese, tomato, chicken, tuna, salad, egg, Vegemite. Please let us know if you would like it toasted.	
• Pizza (GF bases available)	
Vegetarian	Whole \$5.00 Half \$3.00
Ham and Cheese	Whole \$5.00 Half \$3.00
• Chicken Sushi (6 pieces)	\$6.00
• Tuna Sushi (6 pieces)	GF \$6.00
• Vegetarian Sushi (6 pieces)	\$6.00
• Meat Pie	\$5.00
• Home-made Sausage Roll	\$3.50
• Home-made Spinach & Ricotta Roll	V \$3.50

Lunchtime treats

• Popcorn (small bag)	GF \$0.50
• Apple Slinky	GF \$1.00
• Fruit and Yoghurt Pops	GF \$1.50
• Yoghurt with fruit	GF \$1.50
• Fruit kebab	GF \$1.50
w• Ice Cream	GF \$1.50
• Quelch Icy Pole	
Half	GF \$0.50
Whole	GF \$1.00



WHITE GUM VALLEY
PRIMARY SCHOOL