

Resilience, Rights and Respectful Relationships (RRRR)



The purpose of this program is to support students to engage in learning that will help them develop social, emotional and positive relationships. When students develop these relationships there are notable improvements in their health and wellbeing.

During these sessions students will engage in a variety of learning experiences such as, small group problem solving, scenario-based discussions, skill development exercises, role plays, storytelling, games, and class discussions.

The Resilience, Rights and Respectful Relationships program has been developed in line with the Victorian Curriculum and covers areas of Health and Physical Education, Personal and Social Capability, and Critical and Creative Thinking

Term 1 will begin with F-6 students exploring Emotional Literacy, which is the ability to understand ourselves and others. Including the ability to understand, express and manage our own emotions, build empathy, and to respond appropriately to the emotions of others.

Learning Intentions for each Class for week 4 and 5

F/1 Classes:

'We are learning to recognise and name different emotions'

1/2 classes:

'We are learning to identify experiences that can bring on emotions'

3/4 classes

'We are learning different vocabulary to describe emotions'

5/6 classes

'We are learning to understand the emotional responses of others'



Teacher: Johanna Baldacchino