

Connected Protected Respected



1522
schools
375,850
students

Welcome to Resilient Youth Australia

Young people thrive when they feel Connected Protected Respected™ (CPR).

Resilient Youth Australia provides schools with:

- The ability to accurately and efficiently measure vital data within school cohorts;
- Clear visual & written reports on student resilience, mental health and wellbeing;
- Evidence-based strategies to help school leaders respond in a proven, scientific and practical way.

22%

of primary school
students have
been bullied

1 in 4

primary school
students feels
highly anxious

36%

of adolescents
lose sleep over
worry

RESILIENCE SURVEY BENEFITS

The Resilience Survey directly benefits:

- School Principals and School Leaders
- Classroom Teachers
- Wellbeing Staff
- Students

Evidence-based Strategic Planning

By adopting the Resilience Survey and using the detailed, user-friendly survey reports, school leaders can put efficient and effective data-based strategies in place to enhance their student education outcomes and school community wellbeing.

Reduce workload and save money

Have a detailed wellbeing evidence-base at your fingertips to support strategic and implementation plans, resource allocation, teacher professional development priorities and more operational HR considerations.

Sustain academic success

Student resilience and mental health data are strongly linked to learning outcomes, so it's vital to know what students are experiencing in school and beyond the school.

Minimise risk

Many current accountability and compliance requirements focus on OH&S and risk mitigation throughout school communities. Resilient Youth Australia can help reduce risk by enabling successful evidence-based decisions by leadership founded on an ability to pinpoint specific problems earlier and applying relevant measurable strategies and actions.

Student Voice

The Resilience Survey is a student voice instrument. It is confidential and respondents remain anonymous. In this way, the Resilience Survey elicits honest answers from students, empowering them to share responsibility for developing and enhancing their own resilience, mental health and wellbeing.

The screenshot shows a web interface for the Resilience Survey. On the left is a navigation menu with options like 'Home', 'Data', 'PDF REPORTS', 'INTERACTIVE', 'Snapshot', 'Mindset', 'Comments', and 'RESILIENCE'. Under 'RESILIENCE', there are sub-sections: 'Connected', 'Protected', 'Respected', 'Risky Behaviours', 'GOLD STANDARD INSTRUMENTS', 'Ladder (Cantril)', 'Hope (CHS)', 'Anxiety (PHQ-4)', and 'Coping (CSI-4) [adapted]'. The main content area is titled 'comments' and contains the question: 'If you could magically do anything simply at the snap of your fingers, what is one thing that you would do to support the wellbeing of young people?'. Below the question are filter buttons for 'Years' (2015-2019), 'Grades' (3-12), and 'Genders' (Female, Male, Transgender, Diverse, Prefer Not To Say). A search bar is present with the text 'Keyword search. Comments that include any of the search terms entered will be shown.' Below the search bar, it says '738 comments match these filters.' and there is a 'Download CSV' link. Several comment cards are displayed, each with a snippet of text and a date: 'to make everyone feel like they are love and needed. Year 5, 2018', 'for every body to be nice to people that have problems and for them to not be bullied Year 5, 2018', 'make every body in the world be healthy and have a home. Year 5, 2018', 'Everyone takes care of other people Year 5, 2018', 'stop online bullying Year 6, 2018', and 'for people to accent other people'.

RESILIENCE SURVEY FEATURES

Online, quick and user friendly

The 60-question survey can be completed in under 30 minutes.

Rapid turnaround of reports

Through our online client portal your school survey data is available on demand and interactive in a full range of formats, with easy to read and interpret gender and year level detail.

Confidential, safe and secure

All student data is non-identified and anonymous. Data transmission and storage is secure.

Widely used, definitive dataset

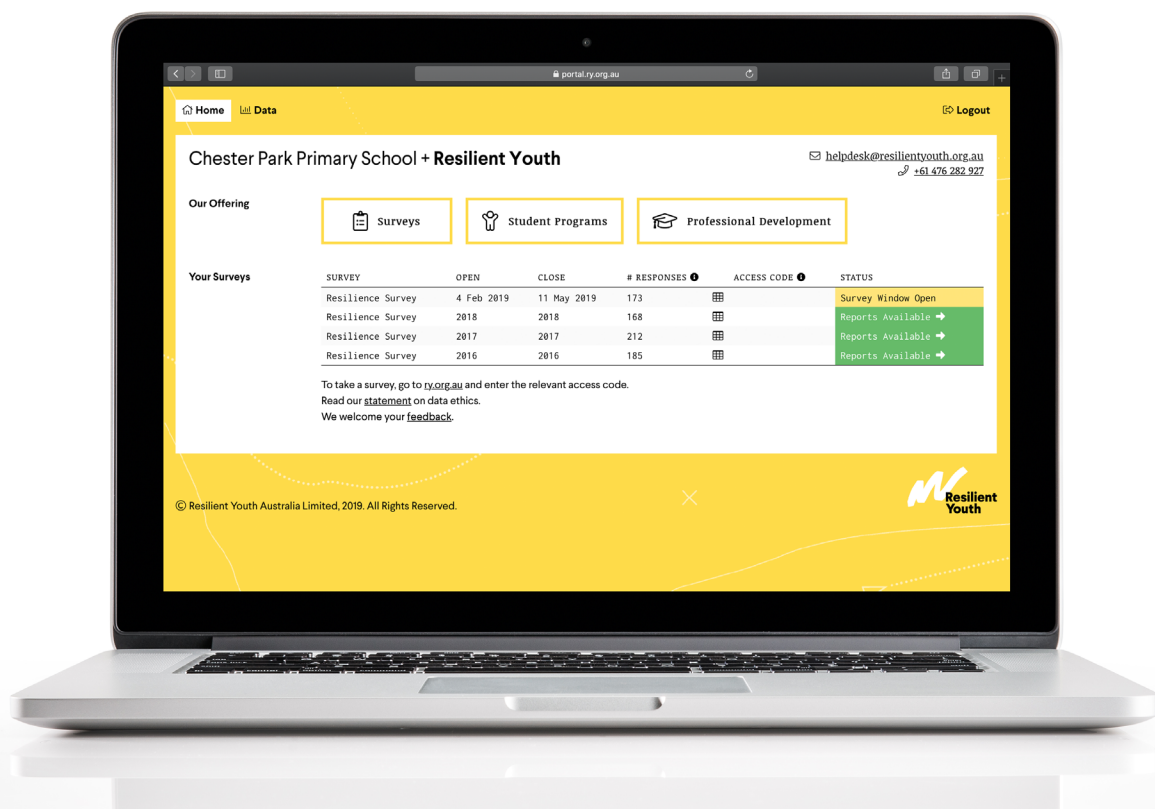
The Resilience Survey is the definitive measure of youth resilience and wellbeing in Australia, used by over 1,500 schools and more than 375,000 students across the country.

University co-developed

UniSA Justice & Society has been a partner in developing and testing the work of Resilient Youth Australia, including cowriting peer reviewed journal articles utilising Resilient Youth data.

Interactive online portal

To test drive our exclusive interactive online portal, contact us for your demonstration login.



MEASURE WHAT MATTERS

True success in school and life is about resilience and wellbeing. The key for students is to foster and maintain a healthy sense of being Connected Protected Respected™ (CPR). Our Resilience Survey measures the 9 domains of CPR essential for maximising school and life outcomes.

CONNECTED	PROTECTED	RESPECTED
POSITIVE RELATIONSHIPS	SAFETY	POSITIVE ATTITUDE
SOCIAL SKILLS	HEALTHY MIND & BODY	POSITIVE VALUES
UNDERSTANDING SELF	LEARNING ENGAGEMENT	POSITIVE CONTRIBUTION

Gold standard instruments

The Resilient Youth Australia Resilience Survey incorporates four scientifically validated, reliable and internationally accepted measures:

- Cantril Self Anchoring Scale (CSAS)
- Children's Hope Scale (CHS)
- General Patient Health Questionnaire (PHQ-4)
- Coping Strategies Inventory {avoidance sub-scale} (CSI 1)

This means you that can rely on your Resilient Survey results as an accurate measure of the resilience and wellbeing your students.



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We acknowledge Aboriginal and Torres Strait Islander peoples as Australia's First People and Traditional Custodians of the land where we work.

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