

# Get ready for your Summit adventure

This brochure has information about your child's Summit trip

For more information please visit [www.thesummit.net.au](http://www.thesummit.net.au)



## What to bring

Clothing for outdoor or adventure programs should allow participants to be comfortable and protected in a range of weather conditions. Practicality is the emphasis rather than how fashionable clothes are. Unsuitable or poor-fitting clothes will only detract from the experience.

## Clothing

- ☐ Pyjamas
- ☐ Underwear
- ☐ Socks
- ☐ 2 x pairs of old runners (may get wet)
- ☐ Bathers
- ☐ T-shirts
- ☐ Shorts
- ☐ Jumper/Hoodie
- ☐ Comfortable pants
- ☐ Warm Waterproof jacket

## Toiletries

- ☐ Shampoo/Conditioner/Soap
- ☐ Toothbrush & toothpaste
- ☐ Hair brush/Comb
- ☐ Towel + spare for water activities

## Other Items

- ☐ Sleeping bag/pillow OR doona/sheets/pillow
- ☐ Sun hat
- ☐ Beanie
- ☐ Torch
- ☐ Sunscreen
- ☐ Insect repellent
- ☐ Medication (if required)
- ☐ Plastic Bag - For dirty/wet clothes
- ☐ WATER BOTTLE

## Safety is our highest priority

The safety of our guests is our highest priority so rest assured you are in safe hands.

- Fully accredited
- All staff have Working With Children's Checks.
- Risk Assessments available
- Dedicated Safety Officer
- Daily safety logs for all activities
- Weekly safety meetings
- Detailed quarterly inspections to all major activity structures.
- Annual inspections by external engineers and arborists.
- Rigorous staff training process
- \$20 million PL Insurance.

Find our more :

[www.thesummit.net.au/safety](http://www.thesummit.net.au/safety)

## Contacting your Child

Except in an emergency, we would prefer that you do not contact your child during their stay as we are not able to pass on phone messages or emails. If in an emergency you do need to contact your child, please do so via their school or the teacher/group Leader travelling with the group.



### Tips and strategies



@thesummitcamp

### Our camp story



thesummit.net.au/blog

### Free 10 week course

Online  
Limitless  
Course

thesummit.net.au/courses

# Much more than just a just another “standard” camp experience!

As a parent you can confidently send your child off to camp knowing we aim to support every young person to discover what they are really capable of

## What Parents and Teachers are saying about The Summit?

“What a sensational experience you provided our children with! On her return our daughter said “Best Camp Ever!” I asked her what made it so good and she said it was because of inspirational staff and engaging activities- **Sally Rogers**

As a teacher of more that 20 plus years I have never seen a camp program of this calibre. Sarah did not stop talking about the camp for two hours and was bubbling with enthusiasm and empowerment.”- **Paul Rickard**

“I have a self assured and confident young man in my house tonight and I have the wonderful growth that this camp was able to bring out in him to thank for that.”- **Leslie Munroe**

Find our more :  
[www.thesummit.net.au/testimonials](http://www.thesummit.net.au/testimonials)



## 4 Reasons we are consistently voted the best camp in Victoria

### Unique experiences found nowhere else

Sky bridge, snake experience, Victoria's biggest giant swing, nail walk, board break, army tank experience, sky window and so much more.

### Engaging workshops

These are fun, inspiring and interactive and cover topics like values and mindset, stepping up, personal power and more.

### Teenage Expert Adviser

Nathan Hulls is one of Australia's leading teen experts and has helped us design high quality engaging programs focused on resilience, personal growth, leadership and team work.  
[www.nathanhulls.com](http://www.nathanhulls.com)

### More activities- more often

We have more engaging activities - rotating more often so your students never get bored This means up to 6 activities a day depending on your program.



[www.thesummit.net.au](http://www.thesummit.net.au)

We have been taking our Yr 7's to the “The Summit” for 8 years now. Year after Year the girls say that was the best camp I have ever been on.”

- Jodie Mitchell - Lauriston Girls Grammar