ACU INSTITUTE FOR POSITIVE PSYCHOLOGY & EDUCATION



2024 Australian School Leader Occupational Health & Wellbeing Survey

DESIGNED FOR:

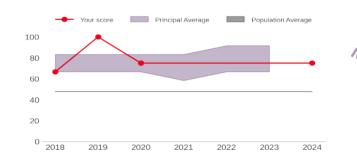
- All School Leaders and Principals
- Deputy/Vice/Acting Principals
- Retired or On-leave Principals (In every school sector & Australian State/ Territory)

RESEARCH IMPACT

Our research responds to concerns surrounding the impacts of increasing workload demand and complexity on Australian school leader health and wellbeing. Collected data provides evidence to policy makers, exposing real costs and benefits of initiatives such as the introduction of a national curriculum and changes to testing and accountability requirements.

GET YOUR PERSONAL REPORT

After completing the survey, you'll receive a personalised health and wellbeing report. Our personalised report graphs compare your results to other school leaders and the general population. Track your progress by comparing your 2024 responses to previous scores. Your charts allow you to see individual data points. **Complete the survey today!**



For more information on the project, please visit: <u>https://healthandwellbeing.org</u> E: admin@healthandwellbeing.org

This research can be a valuable resource in addressing the critical issue of Australian School Leader Wellbeing, a key focus for the Department of Education highlighted in the April *Education Ministers Meeting.*

Researchers from the Institute for Positive Psychology and Education (IPPE) at ACU conduct this survey, independent of all employer groups, professional associations and unions. Individual survey responses are kept strictly confidential: no individual or school will be identifiable in any reported results. Participants are being recruited for research purposes. This study has been approved by the ACU Human Research Ethics Committee.

IF YOU WISH TO PARTICIPATE:

Please register from the 26th August here: https://healthandwellbeing.org

REGISTERED/TAKEN THE SURVEY BEFORE?

Please check your email inbox as an email has been sent to you.

We have updated the design and layout of our survey and personal report access. Should you require any clarification or have any inquiries regarding these updates, please do not hesitate to contact us.

Thank you to the following funding partners whose invaluable contributions allow ACU to research the occupational health, safety and wellbeing of school leaders: **Catholic Schools New South Wales** (CSNSW), **Catholic Secondary Principals Australia** (CaSPA), **NSW Secondary Principals' Council** (NSWSPC), **Australian Catholic Primary Principals' Association** (ACPPA). **Australian Primary Principals Association** (APPA), **Victorian Principals Association** (VPA), **Australian Secondary Principals' Association** (ASPA), and **Association of Heads of Independent Schools of Australia** (AHISA).