

Is someone in your family using drugs and/or alcohol?



Are you looking for practical down to earth information and support?

Stepping Forward are educational and interactive sessions for families, friends and workers providing information and support related to alcohol and other drugs.

Sessions provide:

- ✓ Clear and practical information
- ✓ A safe place to share and to feel supported

The day will cover three sessions:

1. Stages of change for person using drugs and families – What goes on for families?
2. Effective communication – What works and what doesn't?
3. Alcohol and Other Drug information - Find out about drugs, drug use and history

Date: Saturday, 09th February 2019

Venue: Woodcroft Heights Children's Centre– 25 Investigator Dr, Woodcroft SA 5162

Time: 9:30 am – 4:00 pm

Cost: Free (donation welcome)

**Bookings are essential – please contact Brendan on 0457 030 805 or
brendan@fds.ngo.org.au**

“Family Drug Support has helped thousands of families survive this ordeal. Whatever happens, you will be glad you came along”, Theo Group Leader FDS