

Careers Corner Weekly

VICTORIA, 2025

MONDAY 14 APRIL #10

BEHIND THE JOB: Lifestyle Assistant



What are their strengths?

- Creativity and adaptability
- Strong communication and social skills
- Ability to support people with diverse needs
- Organisational and teamwork skills
- Empathy and patience

What do they do?

Lifestyle Assistants plan and facilitate recreational and social activities for individuals in aged care, disability support, and community services to improve their well-being and quality of life.

How do they get started?

A Certificate III in Individual Support or a Certificate IV in Leisure and Health is a common pathway. Further training in health or community services can provide additional opportunities.

Next steps

Want to learn more? Check out resources on Career Tools and The Good Universities Guide to explore study pathways, job opportunities, and industry insights.

Events 21st April to 4th May 2025

Wednesday 23 April Time: 1:00 PM–2:00 PM Location: Details in link	Victoria University Remedial massage information session Join us for a Wednesday information session to learn about studying remedial massage at Victoria University (VU) and receive a complimentary massage.	Register here
Thursday 24 April Time: 4:00 PM Location: Online	Melbourne Polytechnic Music and Sound Information Session Register for an information session.	Register here
Thursday 24 April Time: 11:00 AM Location: Online	Melbourne Polytechnic Certificate III in Information Technology Information Session	Register here
Thursday 24 April Time: 4:00 PM Location: Online	Melbourne Polytechnic Screen and Media Information Session	Register here
Monday 28 April Time: 11:00 AM Location: Online	Melbourne Polytechnic Building Surveying Information Session	Register here
Tuesday 29 April Time: 1:00 PM Location: Online	Melbourne Polytechnic Auslan Information Session	Register here
Tuesday 29 April Time: 10:00 AM – 11:00 AM Location: Online	Victoria University Certificate IV in School Based Education Support Information Session Come to an online info session to find out about studying the Certificate IV in School Based Education Support, CHC40221, at Victoria University.	Register here
Tuesday 29 April Time: 4:00 PM Location: Online	Melbourne Polytechnic Interior Decoration Information Session	Register here
Tuesday 29 April Time: 11:00 AM Location: Online	Melbourne Polytechnic Building Design Architectural Information Session	Register here
Wednesday 30 April Time: 01:00 PM – 02:00 PM Location: Details in link	Victoria University Remedial massage information session	Register here
Wednesday 30 April Time: 06:00 PM – 08:00 PM Location: Online and Melbourne ADF Careers Centre	Defence Careers Australia Melbourne: Navy Careers Information Session The Navy offers a multitude of career opportunities in trades, hospitality, logistics, aviation, healthcare, engineering and much more.	Register here



Events 21st April to 4th May 2025

Thursday 01 May
Time: 06:00 PM - 08:00 PM
Location: Melbourne ADF
Careers Centre

Defence Careers Australia

Melbourne: Army Careers Information Session

Be challenged in a rewarding career in the Army, where you'll be paid to keep fit and realise your potential.

[Register here](#)

Thursday 01 May to
Saturday 03 May
Time: 09:00 AM - 03:00 PM
Location: Doors 9 and 10,
Melbourne Convention and
Exhibition Centre, South Wharf

VCE and Careers

VCE and Careers Expo 2025

Australia's biggest education and careers event.
General Admission bookings for the 2025 VCE and Careers Expo are now open!

[Register here](#)

