

Winter Menu

Effective as at 27 April 2022

All orders must be placed by 9.00am

Keep an eye out for weekly specials on the board outside the canteen and on the school Facebook page. Dietary requirements can be considered, have a chat with Bev.

White Gum Valley Primary School follows the Healthy Food & Drink Policy and Traffic Light System.

Green items are every day choices and Amber items should be consumed in moderation. ● Green Light ● Amber Light

GFO Gluten Free Option GF Gluten Free V Vegetarian. Tomato sauce, soy sauce and GF soy sauce available at the canteen.

Recess BROWN BAG

- Cheesie \$2.00
- Popcorn (small bag) GF \$0.50
- Apple Slinky GF \$1.50
- Yoghurt (dip pot) GF \$1.50
- Chocolate Muffin GF \$2.00

Drinks

- Fruit Smoothie GF \$2.00
- Hi-Lo Milk GF \$1.50
- Warm Milo \$1.50
- Fruit Juice GF \$1.50

Lunch WHITE BAG

- Nachos with baked beans, sour cream, salsa and cheese GF, V \$5.00
- Toasted Baked Bean Jaffle with cheese GFO, V \$4.00
GFO, V \$4.50
- Wraps or Sandwiches (sandwiches prepared fresh with wholemeal bread, GF available)
 - One filling \$3.50
 - Two fillings \$4.00
 - Three fillings \$4.50Choose from: baked beans, sour cream, ham, cheese, tomato, chicken, tuna, salad, egg, Vegemite. Please let us know if you would like it toasted.
- Pizza (GF bases available)
 - Vegetarian Whole \$5.00 Half \$3.00
 - Ham and Cheese Whole \$5.00 Half \$3.00
- Chicken Sushi (6 pieces) \$6.00
- Tuna Sushi (6 pieces) GF \$6.00
- Vegetarian Sushi (6 pieces) \$6.00
- Meat Pie \$5.00
- Home-made Sausage Roll \$3.50
- Home-made Spinach & Ricotta Roll V \$3.50

Lunchtime treats

- Popcorn (small bag) GF \$0.50
- Apple Slinky GF \$1.50
- Fruit and Yoghurt Pops GF \$1.50
- Ice Cream GF \$2.00
- Quelch Icy Pole
 - Half GF \$0.60
 - Whole GF \$1.20



WHITE GUM VALLEY
PRIMARY SCHOOL