

*The first
systematic approach
to tennis coaching!*

ANZ Tennis Hot Shots for kids



- 1 Sports program for 2-5 year olds**
Developing fundamental motor skills
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- 2 RED STAGE**
An introduction to tennis
Recommended age: 4-7
Featuring: - The 'Stayball Stand'
- Modified Equipment
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- 3 ORANGE STAGE**
Preparation for match play
Recommended age: 8-10
Technical development of strokes
with modified games.
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- 4 GREEN STAGE**
For the competitive player
Recommended age: 11+
Basic strategy and positioning.
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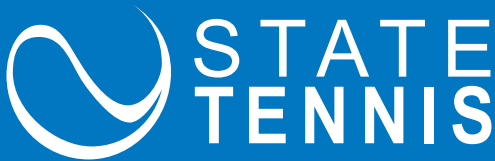
- 5 For the advanced player**
Match play and game-like activities
for the tactical edge.

State Tennis also offers:

- Private Coaching
- School Holiday Clinics
- Cardio Tennis
- Restrunging
- Adult Lessons

Phone State Tennis West Lakes: 8355 4466

Web: www.statetennis.com.au Email: westlakes@statetennis.com.au



*School holiday
lessons available*

When... Commencing the beginning of each school term
(Students able to join mid term)

Where... **West Lakes Tennis Club:** 21 Edwin Street, West Lakes Shore

Details...

- **Jump Start (Tues & Thurs):** 2-5yo - 45 mins per week, 10 week term **\$173**
- **Little Joey (weeknights):** 30 mins per week, 10 week term **\$131**
- **Skippy, Captain Roo & Pro (weeknights):** 60 mins per week, 10 week term **\$173**

Notes...

- Jump Start & Little Joey participants receive a **free racket** in their first term of participation
- Pro rata payments for mid term starters
- A \$15 administration fee will be charged if payment is not made by student's first lesson
- Payment can be made by cash, card, EFT or cheque (made out to State Tennis)

Enrolment... Phone **8355 4466**
or send enrolment form to **21 Edwin Street, West Lakes Shore SA 5020**
or visit **www.statetennis.com.au**
or email **westlakes@statetennis.com.au**

Please enrol early to increase your chance of getting your preferred time



Name: Age: Date of birth:

Address:

Home Phone: Work / Mobile:

Email: School:

Relevant medical conditions: Where did you hear about us?:

Enrolling in (please circle): Jump Start Little Joey Skippy Captain Roo Pro Private (1/2 hr) Private (1 hr)

If enrolling in Jump Start, please circle morning/s preferred: Tues Thurs

If enrolling in Little Joey, Skippy, Captain Roo or Pro,
please circle day/s preferred: Mon Tues Wed Thurs Fri

and time/s preferred: 3.30pm 4pm 4.30pm 5pm 5.30pm 6pm 6.30pm

Please circle all times and days which are possible as all sessions may not run at all times.

Note: State Tennis will not be liable for any injuries,
damage to property or loss of property during the tennis sessions.

Signed:

Parent / Guardian