

What's On: Term 4

All programs are delivered by our qualified and passionate facilitators.

Special Events

Creating Cooperation and Connection with Lael Stone

A unique opportunity to hear from renown Australian author and educator, Lael Stone, who has worked with families for over 20 years.

Tuesday, 28 October | \$10
7pm - 8.30pm
The Capital Theatre, Bendigo

Register:



Multi-Session Programs

Tuning in to Teens | 6 Sessions, Tuesdays

The adolescent years can be challenging for parents, carers and teenagers to navigate. This program helps parents and carers to understand their teenagers and build strong relationships with them.

FREE | Tuesdays, 14 Oct - 18 Nov | 10am - 12pm
Online, via Microsoft Teams



Tuning in to Kids | 6 Sessions, Mondays

Helping parents and carers build their skills to help their children develop emotional intelligence and recognise their emotions using 'emotion coaching'.

FREE | Mondays, 27 Oct - 1 Dec | 10.30am - 12.30pm
CCV - Bendigo, 176-178 McCrae St, Bendigo



Registrations are essential for all of our programs and workshops, places are limited.



Register:

www.catholiccarevic.org.au/workshops

Single-Session Workshops

Building Resilience in Kids

Resilience is not just about managing stresses, but also developing skills for dealing with challenges and becoming independent.

FREE

Thursday, 16 October | 9.15am - 10.45am

East Loddon P-12 College, Dingee Rd, Dingee

Register: sarah.krahe@education.vic.gov.au



Starting School

Practical ideas for parents and carers to assist their children with their transition to school. Designed for any parents or carers with children starting primary school in 2026.

FREE

Thursday, 6 November | 9.30am - 11am

Bendigo Library, 259 Hargreaves St, Bendigo



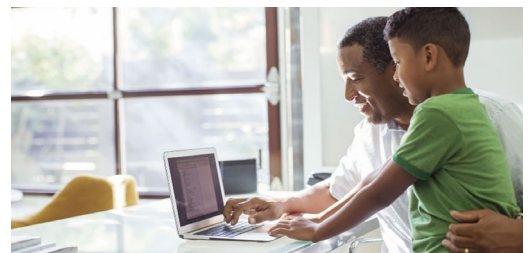
Tech Strategies for Families

Reflect on the use of technology in your family; considering challenges, opportunities and how to set healthy boundaries for your family.

FREE

Monday, 8 December | 10am - 11.30am

Kangaroo Flat Library, 23 Lockwood Rd, Kangaroo Flat



Stepfamilies - through your children's eyes

Assisting parents to develop a greater understanding of what their children need and how they can best support them to adjust to their new family and/or home.

FREE

Tuesday, 9 December | 12pm - 3pm

CCV - Bendigo, 176-178 McCrae St, Bendigo



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Please call us if you have questions on 1800 123 228 or email bendigo.reception@catholiccarevic.org.au



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