



# GIVE IT A GO!

A lot has changed over the last few months, including the way we spend our time. We've dusted off the bikes, put on our runners and taken in some fresh air to keep our minds and bodies happy and healthy. As lockdowns ease, there's never been a better time to plan and test out different routes to school and choose which ones works best for you..

**We want every parent to feel confident in making healthy, safe choices when it comes to getting their kids back to school, so we've come up with some simple steps to get you on your way.**

## **READY to rock 'n' roll?**

- Strap on your runners or pump up your tyres
- Make sure your helmet fits tight
- Pack your school bag

## **SET to travel to school?**

- Find your best route
- Practice the road rules
- Recruit a friend

## **ROLL on out!**

- Test your path to school
- Stay safe
- Have fun

## **Do it all over again!**

Be sure to check out the Ride2School website and Facebook page as we continue to support you on your journey to school by posting online content including 'How To' videos, tips & tricks and a whole lot more!



[ride2school.com.au](http://ride2school.com.au)  
[facebook.com/ride2school](https://facebook.com/ride2school)