

2024 TERM 1 TRAINING SCHEDULE					
Location	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Training 6:45am - 8:00am					
Synthetic Nets			5A 5B 5C 5 Gold 5 Green	5 White Year 6	
Des Connor Park		5 Gold 5 Green 6A 6D			
Afternoon Training 3:30pm - 4:45pm					
Des Connor Park		5A 5B 5C 5 White 6B 6C			