

School Holiday Rugby Clinic

Tuesday 23rd and Wednesday 24th April, 2019

St Pius X College will be hosting the annual School Holiday Rugby Clinic during the upcoming break. Students will receive specialist coaching on skills, defence and position specifics. Lunch will be included and buses will transport students from Chatswood to Oxford Falls. While this is not compulsory, all rugby players are encouraged to attend as it is an important part of the season preparation.

- When: Tuesday 23rd and Wednesday 24th April (second week of school holidays).
- Where: Oxford Falls playing fields.
- **Who:** All rugby players (and non-rugby players) are encouraged to attend as well as those students who would like to give rugby a go and learn some new skills with their friends.

Coaches:



Ben Evans Welsh International Swansea, Cardiff Blues, Sale player Set Piece Specialist



Darren Coleman Country Eagles NRC Gordon Rugby Head Coach

PLUS: Current Shute Shield 1st Grade players and SPX College Coaches

Cost: For Senior Students: The cost of the Rugby Clinic has been factored into this season's registration process. To register for the 2019 Rugby Season please use the trybooking link <u>https://www.trybooking.com/482953</u>

For Junior School Students or those wanting to try rugby: \$90 via the trybooking link below: <u>https://www.trybooking.com/480857</u>

- Times:9:00am Buses depart Chatswood from Archer Street to Oxford Falls
9:30am 2:30pm Clinic
2:30pm Buses depart Oxford Falls to Chatswood
- **Uniform:** Students are asked to wear rugby training gear including all protective equipment.