

THE LIVE LIFE WHOLE PROJECT

SCHOOL HOLIDAY PROGRAM



THIS HOLIDAY'S THEME:

**CONFIDENCE
FROM THE
INSIDE OUT**

GIRLS AGED

8-12 YEARS OLD

**9TH
JULY**

9AM-3PM

**DOMAIN
ATHLETICS
CENTRE**

UPPER DOMAIN RD,
QUEENS DOMAIN
HOBART



COST

\$100

PER DAY
PER PERSON

WHAT WE'LL EXPLORE

- Understanding Emotions
- Friendships & Connection
- Body Image & Self-Talk
- Values & Confidence

WHAT SHE'LL WALK AWAY WITH

- More confidence in who she is
- Tools to build & manage friendships
- Language to understand her emotions
- A stronger, more compassionate inner voice

BOOK NOW

SCAN BELOW



**LIMITED SPOTS
AVAILABLE!**

FOR MORE INFO CONTACT EDUCATION@THELIVELIFEWHOLEPROJECT.COM.AU