Social Distancing

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There is a virus in Australia, it is called 'coronavirus'. It makes people very sick.
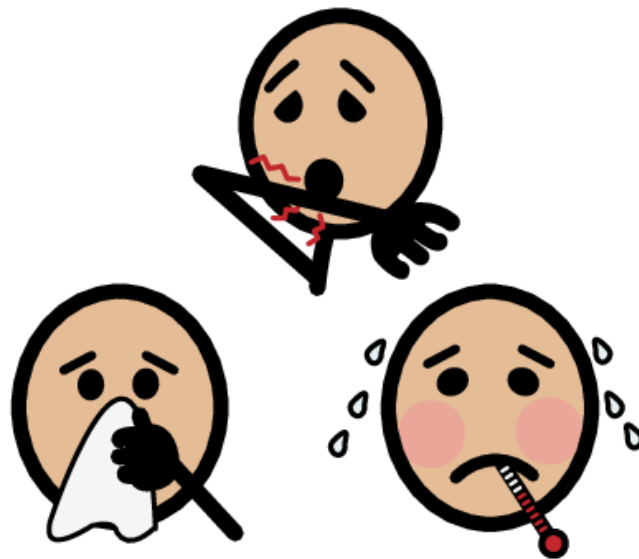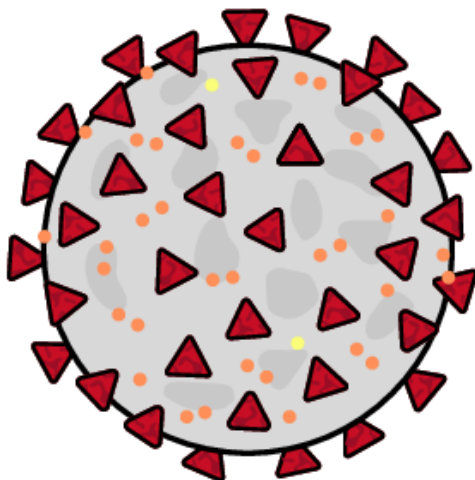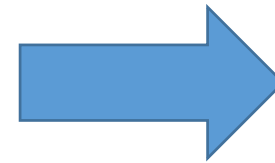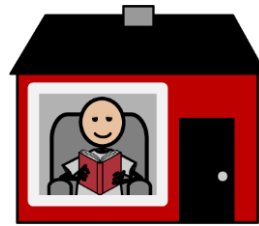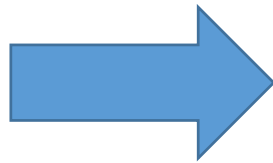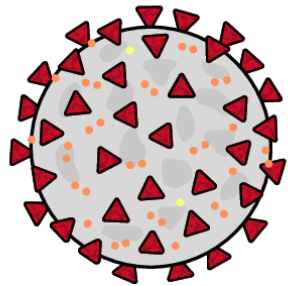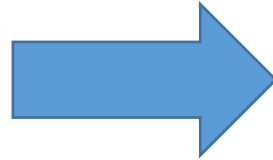
Right now we are all working together to stop coronavirus germs from spreading.

COVID-19

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When lots of people are sick, social distancing can help me stay healthy.

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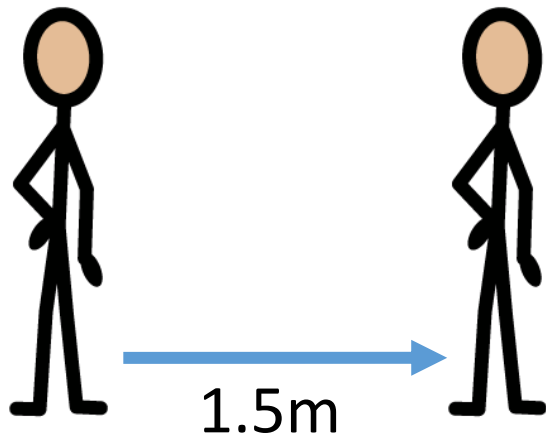
Social distancing means staying away from other people and busy places.

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If we keep our distance from people, then the germs can't jump from person to person and make us all sick.

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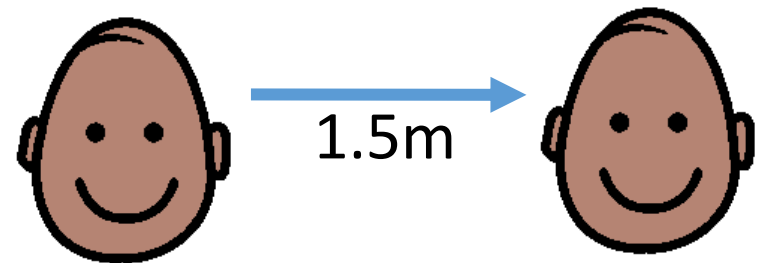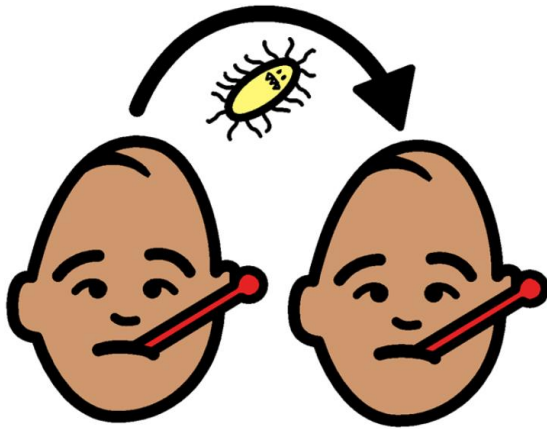
I am allowed to hug and be close to my family who I live with. But I need to keep a safe distance from my friends and teacher.

family

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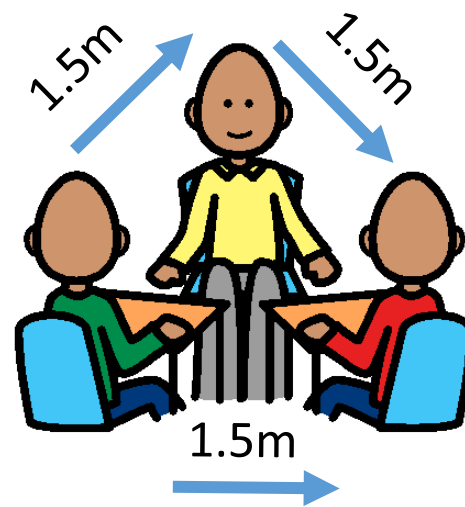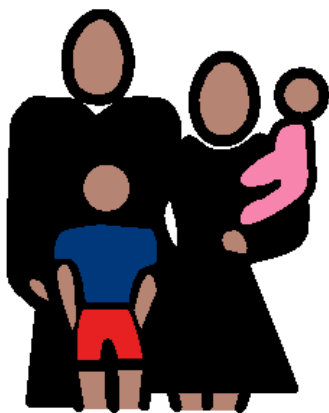
I may not be able to do some of my normal activities like go on school excursions, go to birthday parties or play sport.

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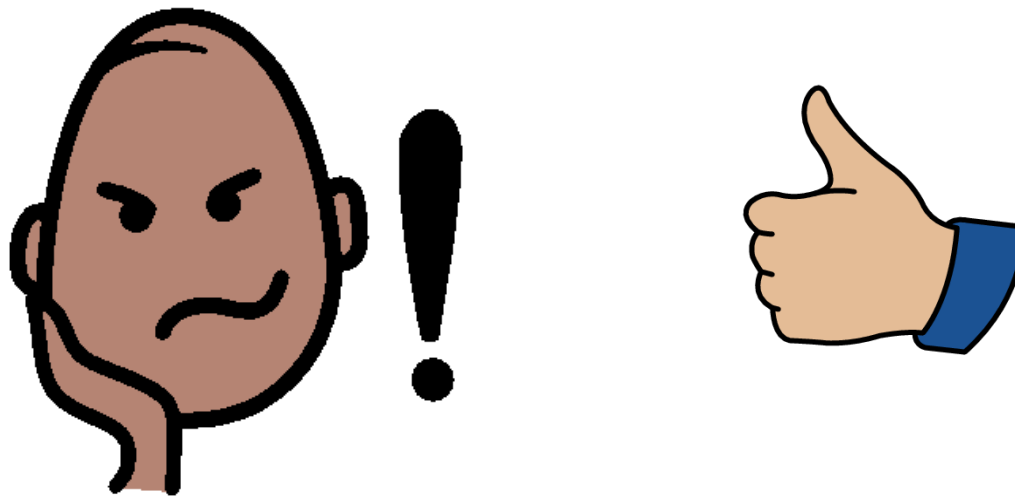# I may get upset or frustrated about not being able to do my normal activities. That is okay.

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It may be a few weeks before I can go back to my normal activities.

I still need to keep washing my hands and using hand sanitiser. This helps to keep germs away

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I will keep my hands away from my face.

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If I keep being safe I will stay healthy.

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