## Common Reasons for Contacting a Social Worker

- Change or loss in the family for example separation, divorce, death.
- Reluctance to attend school
- Friendship and social difficulties
- Physical and mental health issues affecting the family such as anxiety and depression
- Difficulty settling into school
- Issues related to learning
- Developmental and behavioural issues

Supporting individual students is the main part of what the School Social Worker does. Other roles include:

- Supporting teachers with information and resources in regard to issues such as protective behaviours and social skills, student and staff wellbeing.
- Running groups for dealing with issues such as friendships and grief and loss.

To make an appointment please contact:

Juliet King at <a href="mailto:juliet.lennon@cewa.edu.au">juliet.lennon@cewa.edu.au</a>

c/- Our Lady's Assumption Office, in person or phone 08 9471 3000

There is no cost for the parents for the school social work service.

### Our Lady's Assumption School Social Work Service





#### The School Social Worker:

- Assists and supports students where social and emotional issues may be impacting on their education.
- Assists and supports parents in regard to any issues their child may be having.
- Works closely with school staff but also respects families' and students' privacy.
- Can provide advice, education and information on parenting matters, community resources, social skills, wellbeing and mental health.
- Will refer students/families to outside counsellors, services or community agencies as necessary.
- Works alongside the school psychologist.

# What training does a Social Worker have?

Social workers have a degree that includes counselling, the study of human behaviour, social policy, group work and community development.

Additionally, I am trained in CBT and have completed Protective Behaviours Training as well as Seasons for Growth training.

If you have any questions about the social work service at OLA, you are welcome to contact the social worker or the principal.

### **Information about Counselling**

In addition to other student- support tasks, the social worker provides counselling for students as part of the school's pastoral care program. The social worker will always seek permission from the parent before engaging with a student. Any student or parent is welcome to use this service.

Discussions and any records made are considered as private and treated very confidentially. Any discussions with other school staff will only be as required for the student's welfare and with the students and parent's permission.

